

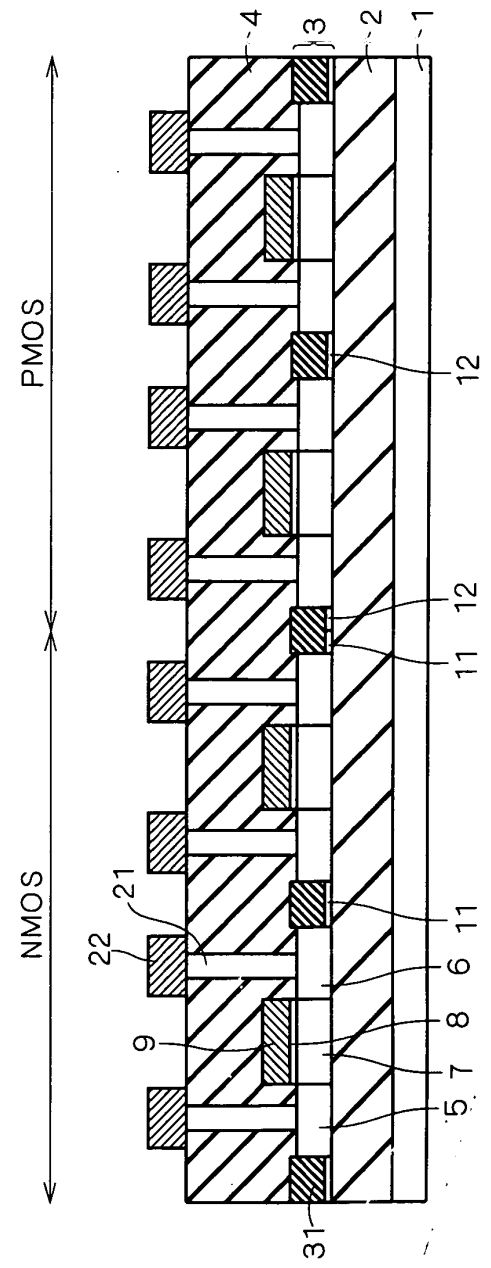
65022T HE699460

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FIG. 1



102  
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FIG. 2

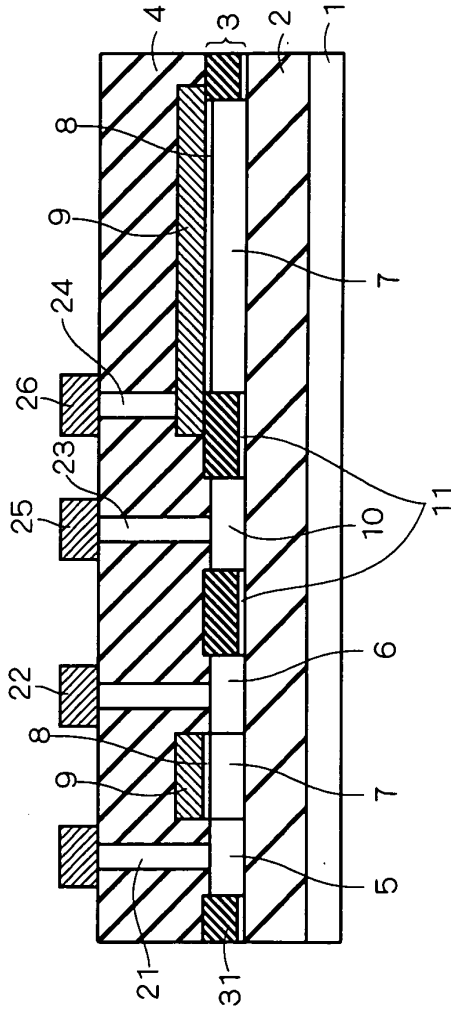
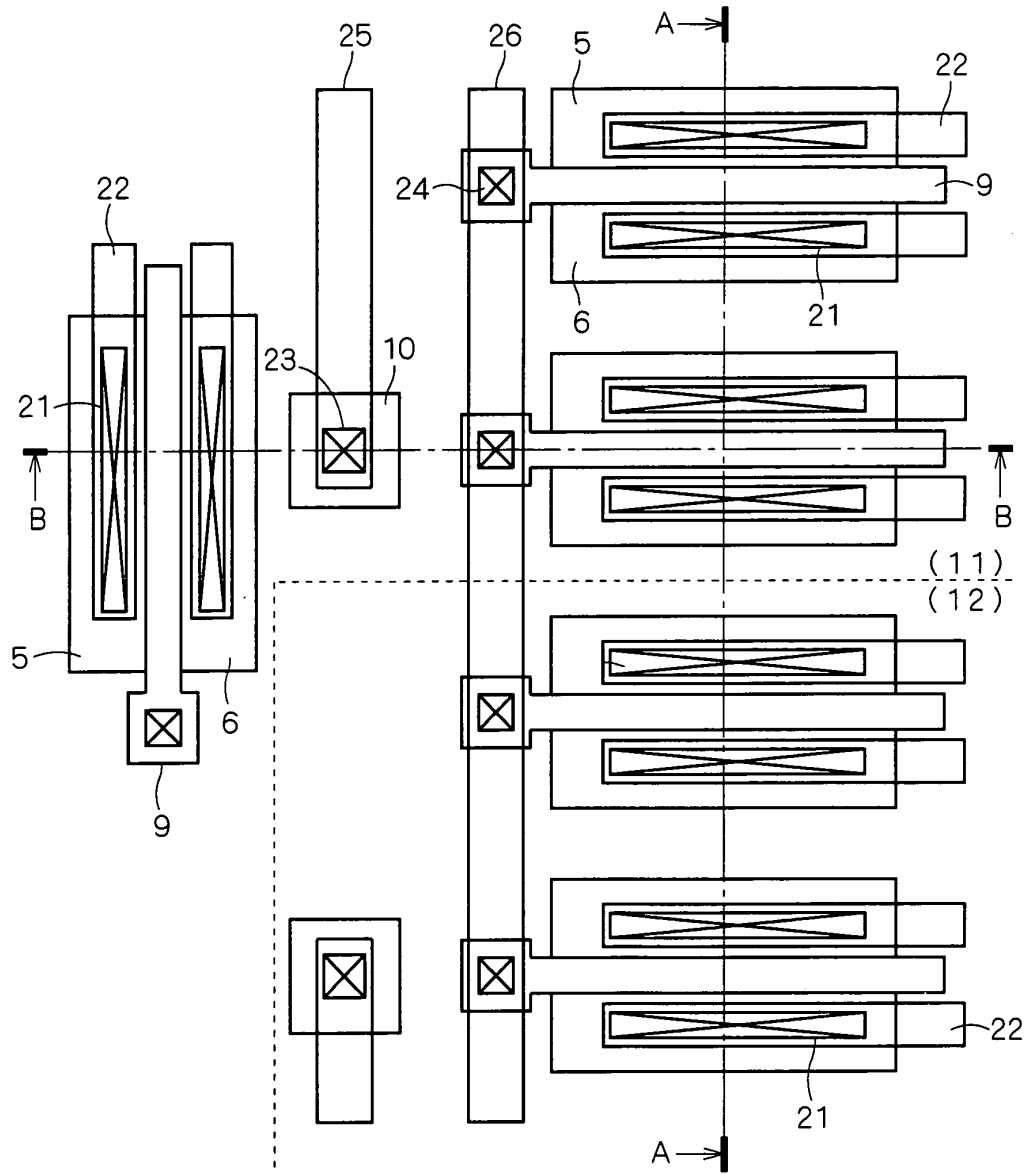


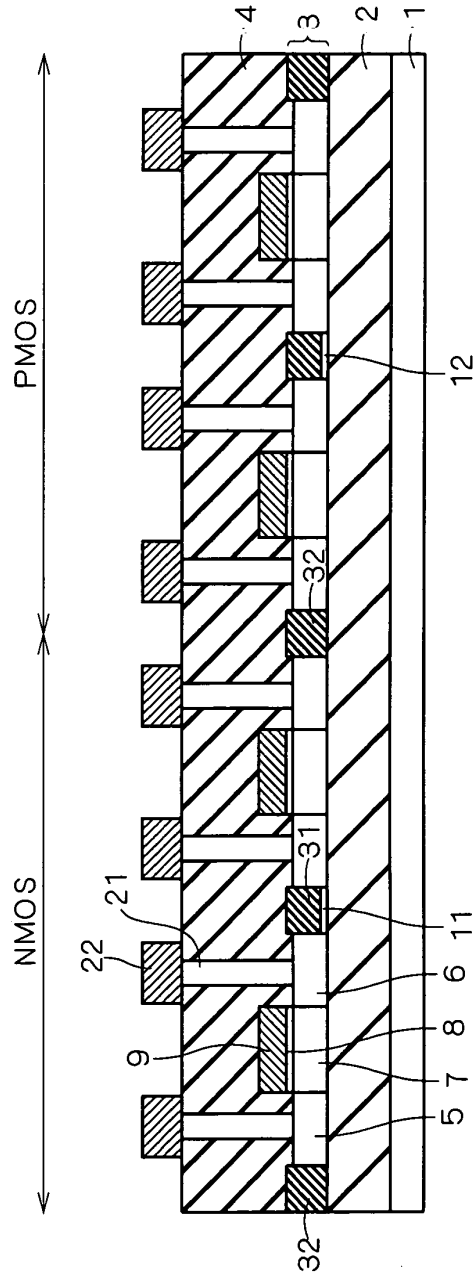
FIG. 3





660227-4E699460

FIG. 5



660227-4E599460

FIG. 6

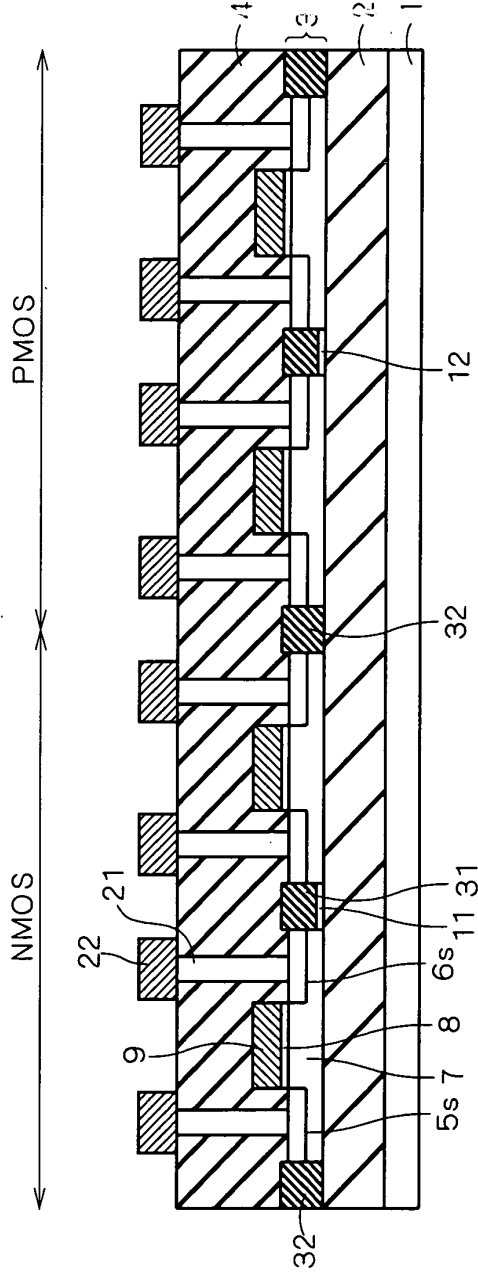


FIG. 7

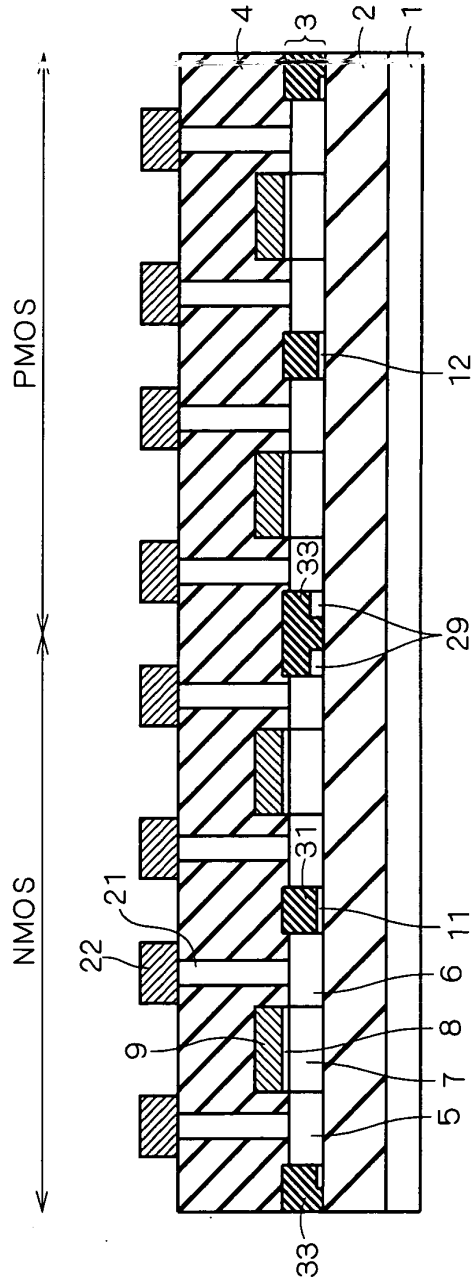


FIG. 8

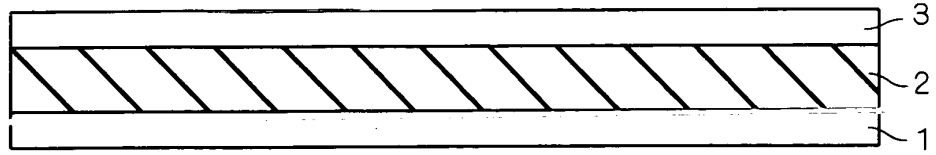


FIG. 9

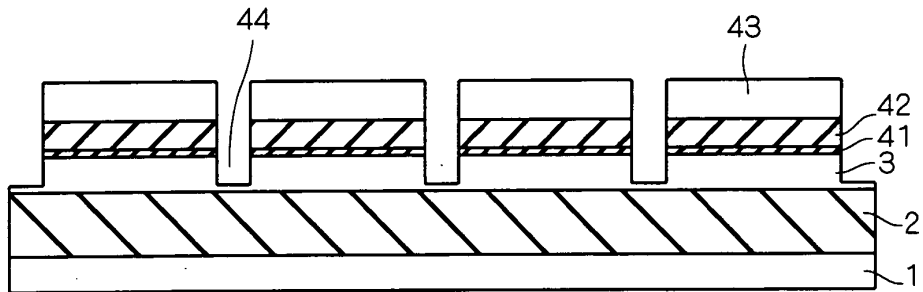


FIG. 10

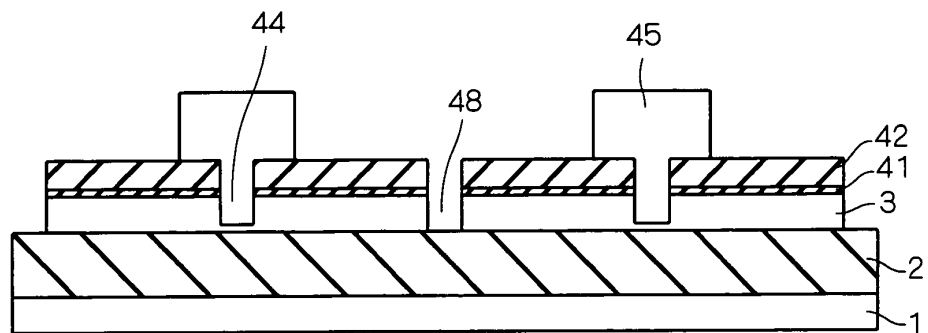


FIG. 11

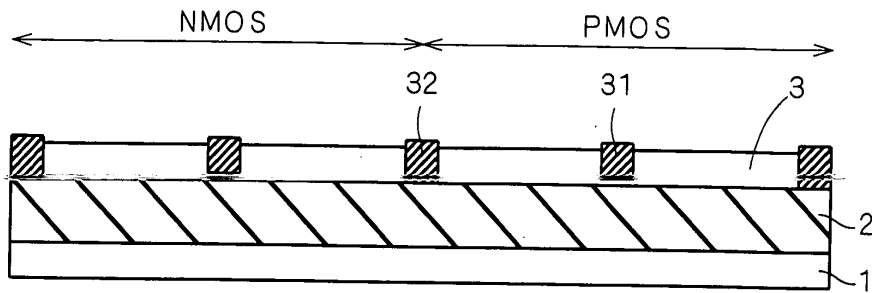


FIG. 12

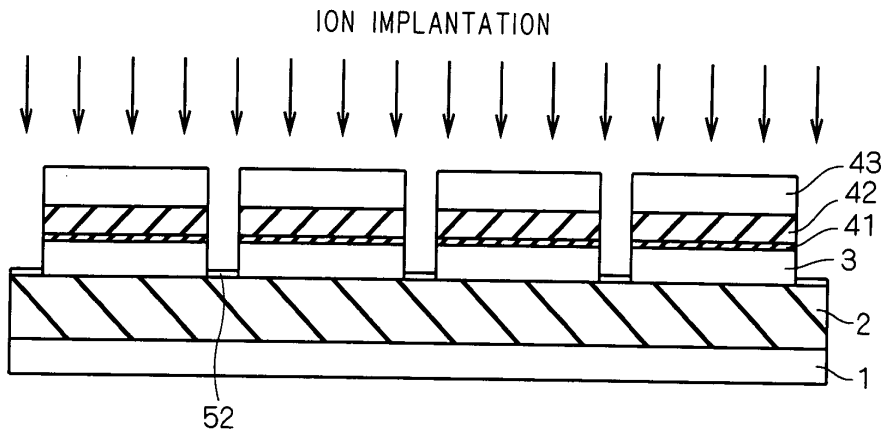


FIG. 13

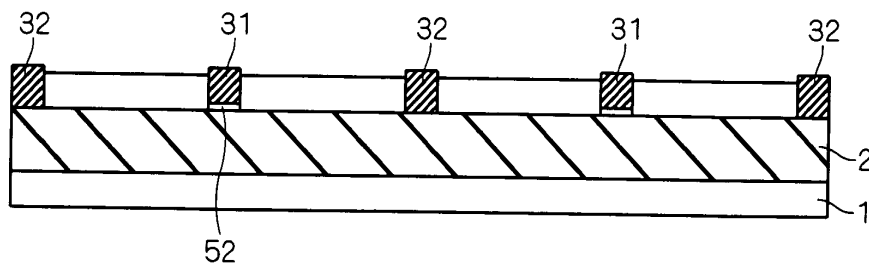


FIG. 14

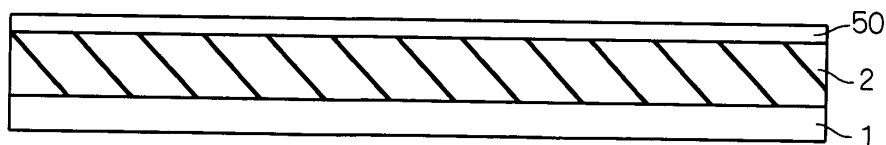


FIG. 15

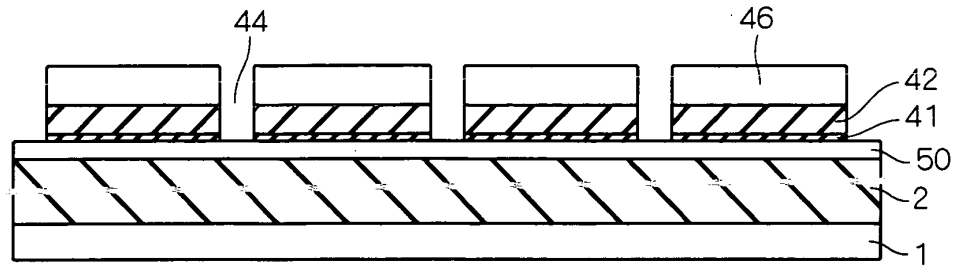


FIG. 16

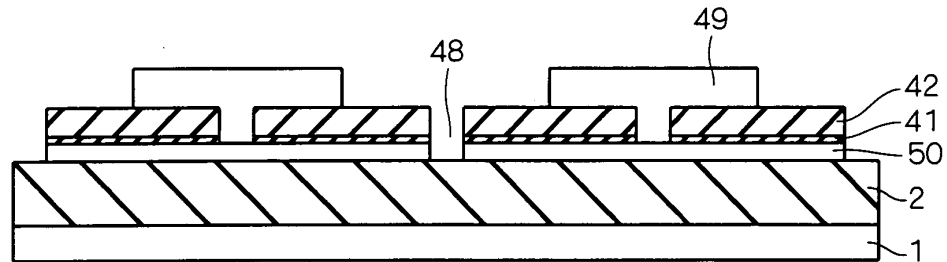


FIG. 17

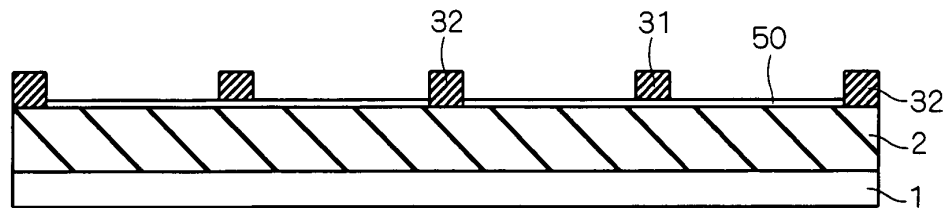


FIG. 18

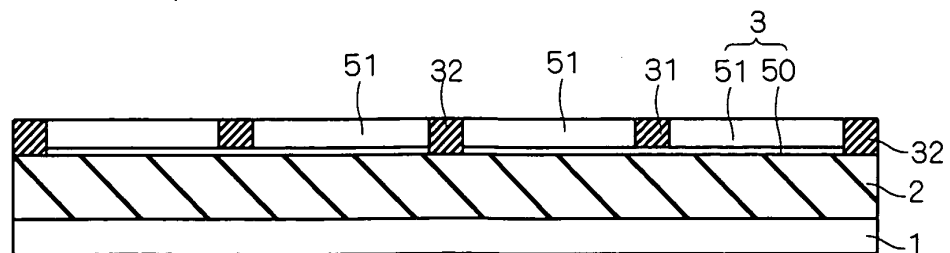


FIG. 19

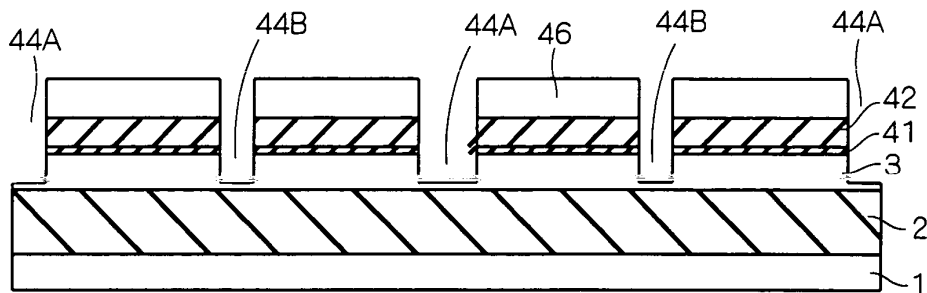


FIG. 20

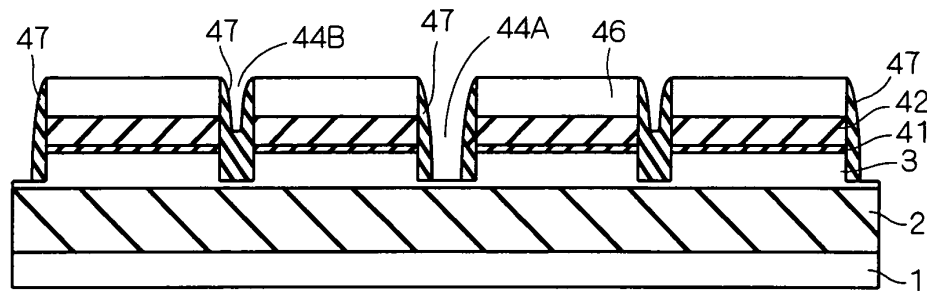


FIG. 21

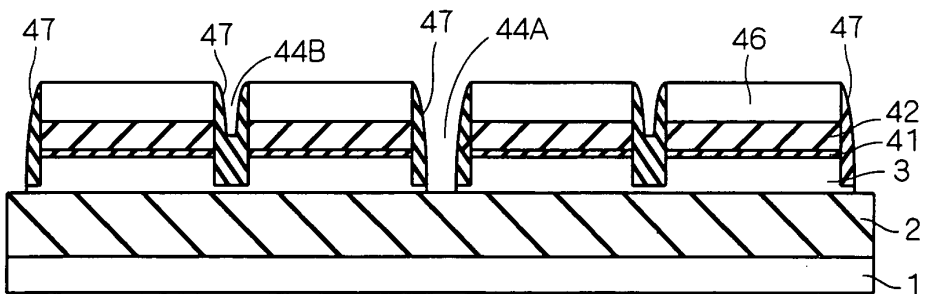
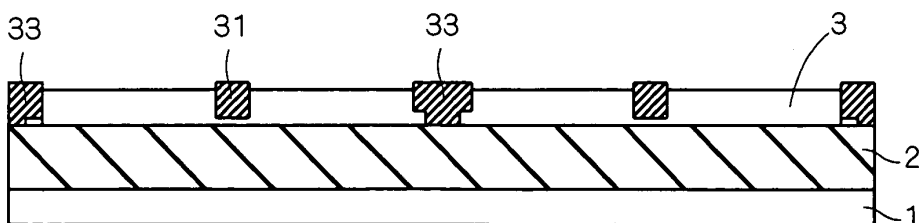


FIG. 22



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FIG. 23

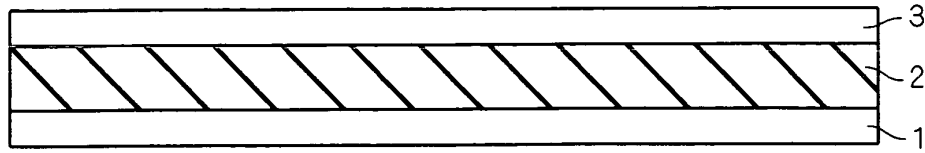


FIG. 24

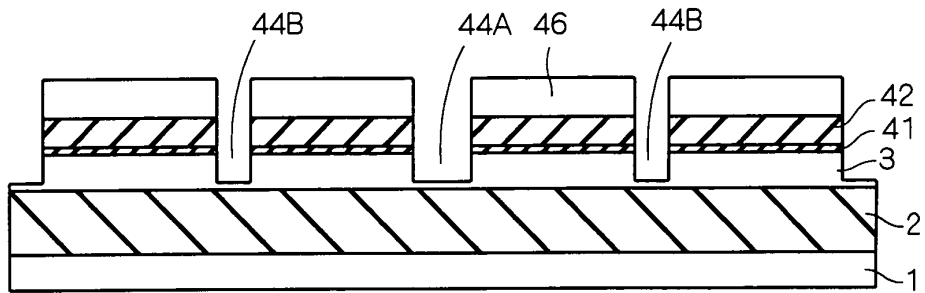


FIG. 25

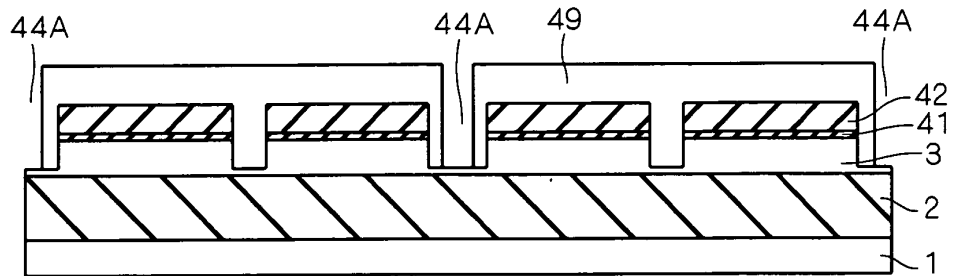
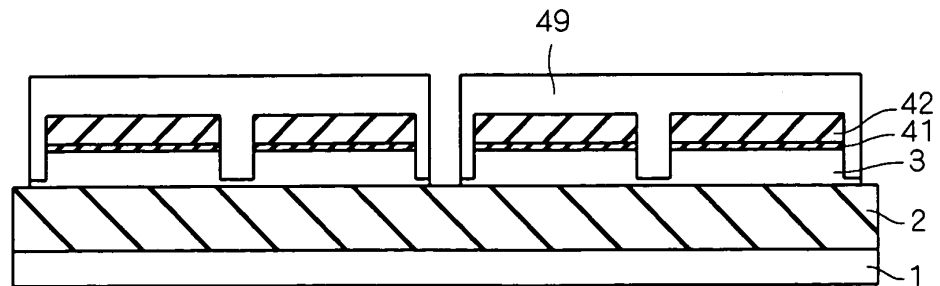
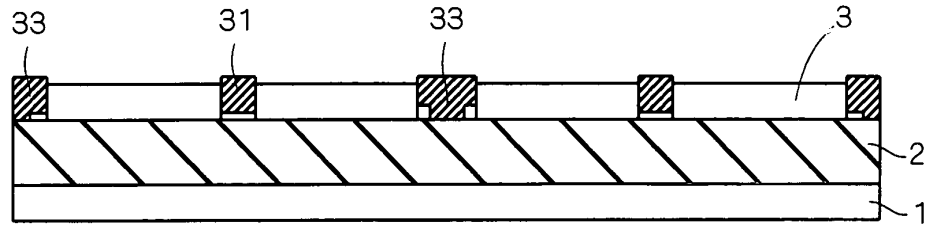


FIG. 26



0946334-12099  
660221-4E69460

FIG. 27



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660227-1659460

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FIG. 28

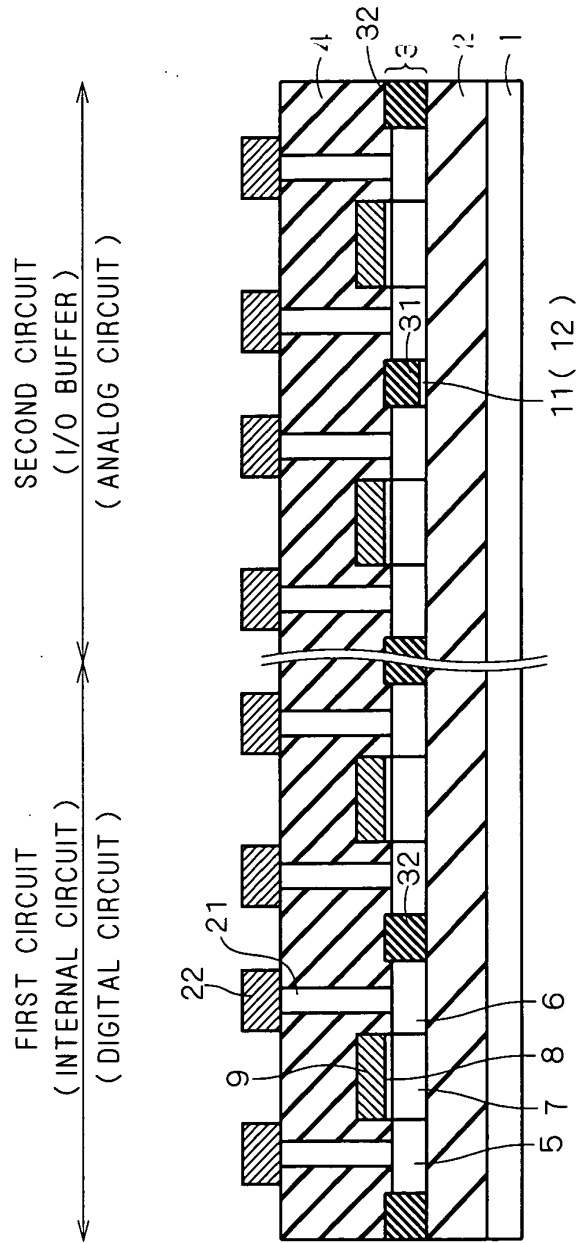


Figure 1. Schematic representation of the experimental design. The subjects were divided into two groups: a control group and an experimental group. The control group received a standard training program, while the experimental group received a modified training program. The results of the training program were compared between the two groups.

FIG. 29

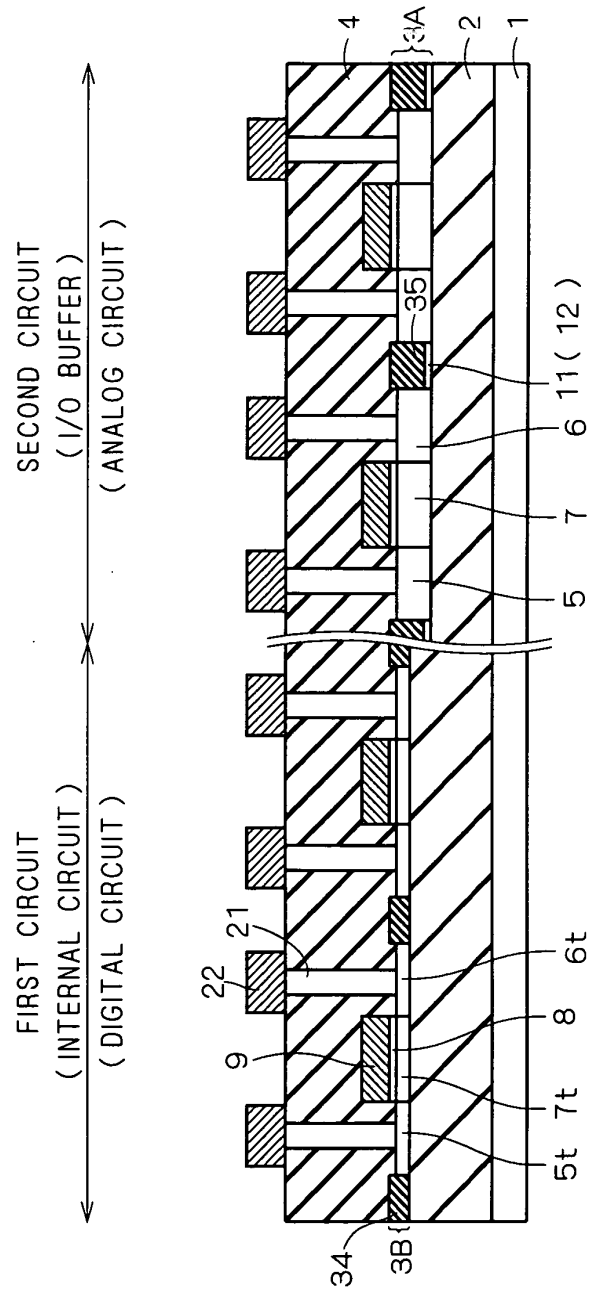
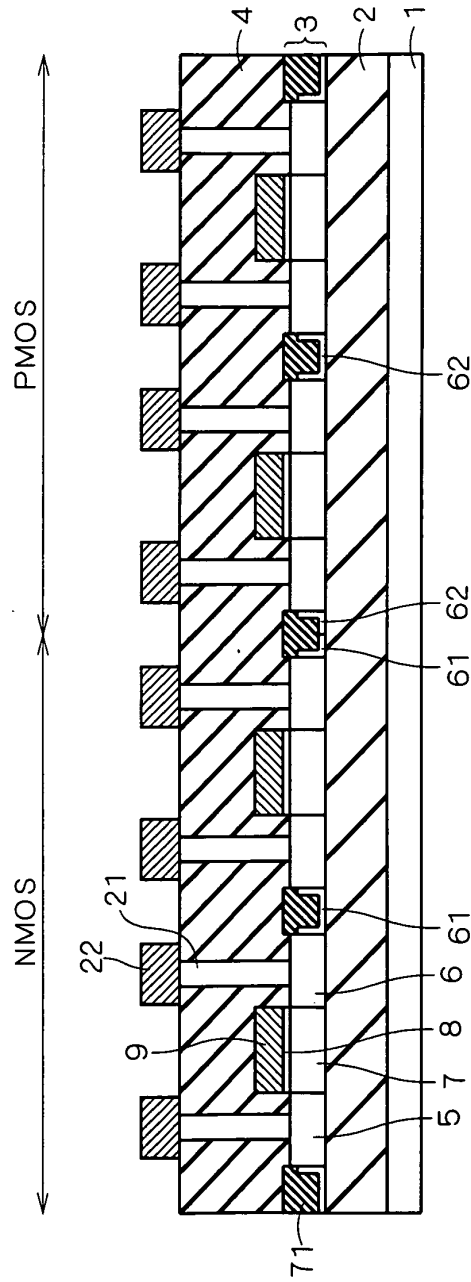
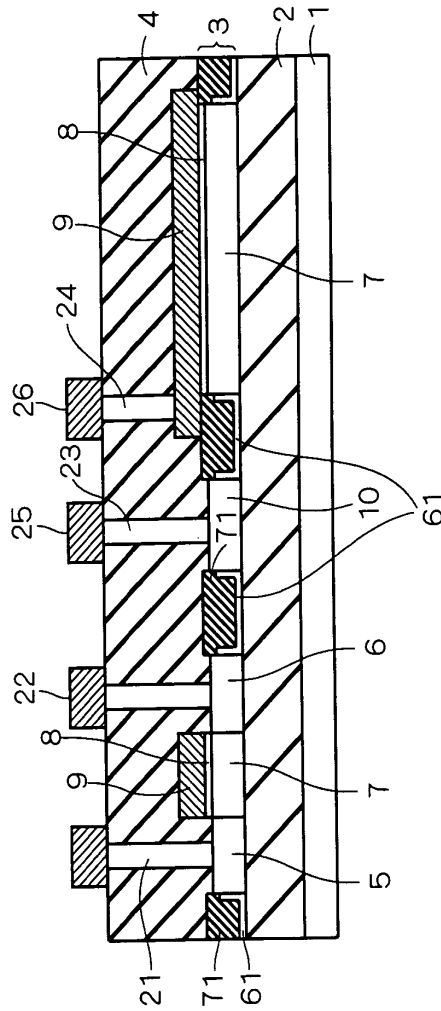


FIG. 30



6602227-1699450

FIG. 31



Sheet 18 of 18

FIG. 32

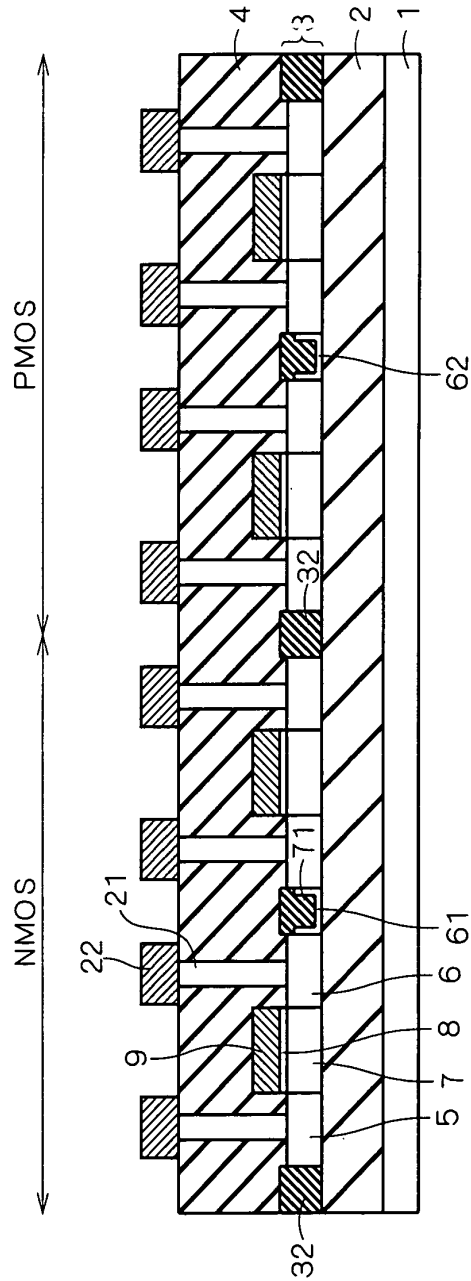


FIG. 33

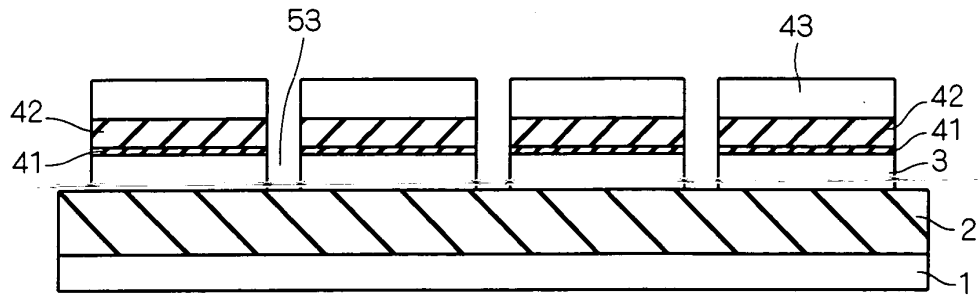


FIG. 34

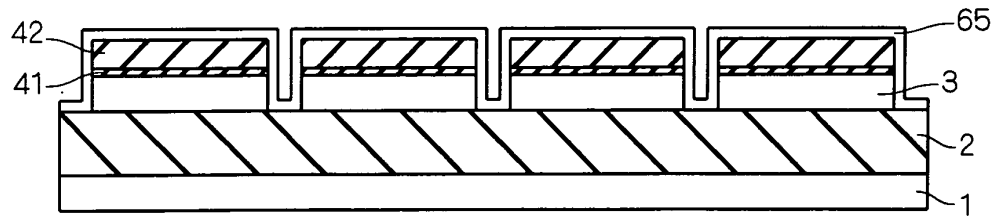


FIG. 35

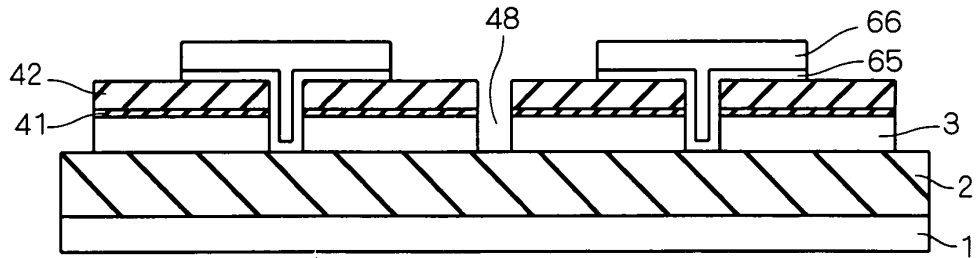


FIG. 36

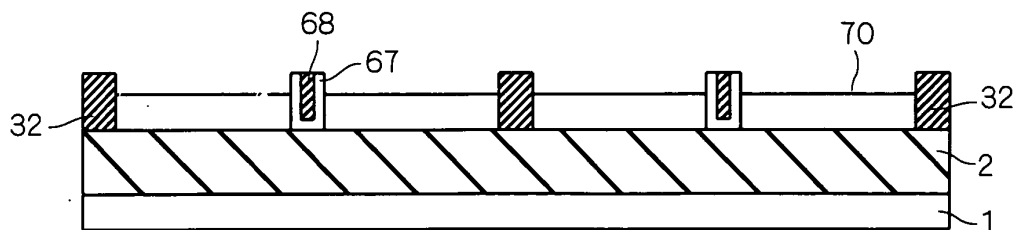


FIG. 37

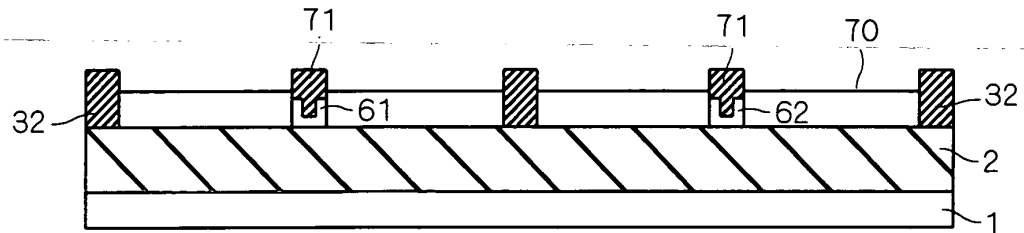
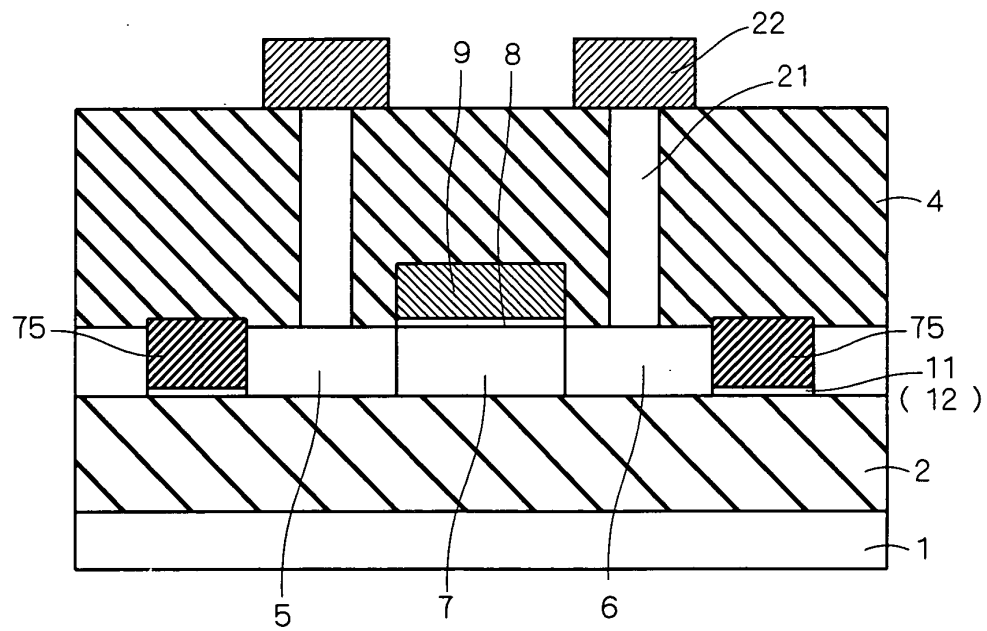


FIG. 38



09466934-22099

FIG. 39

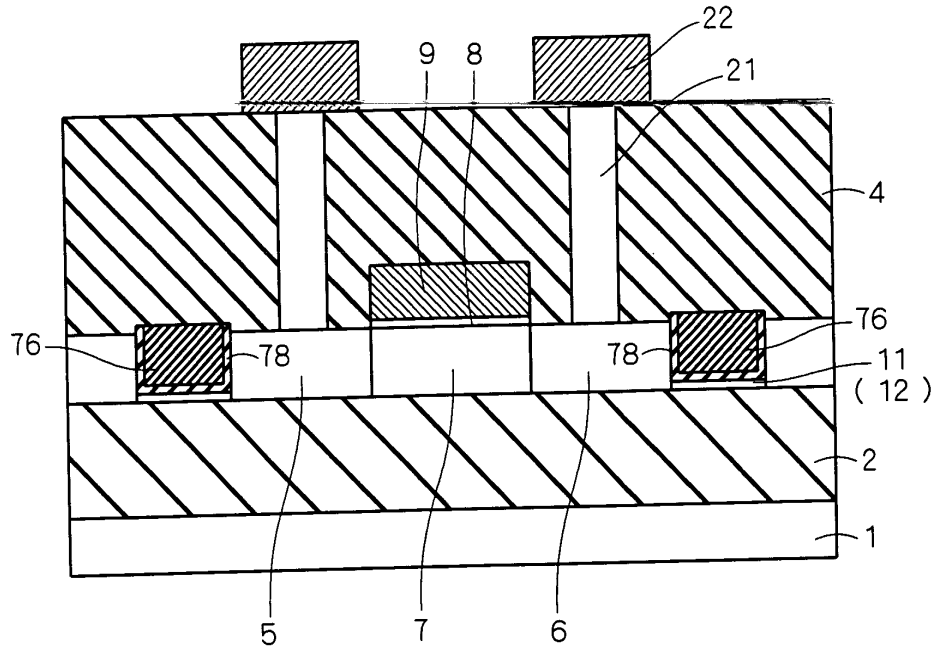
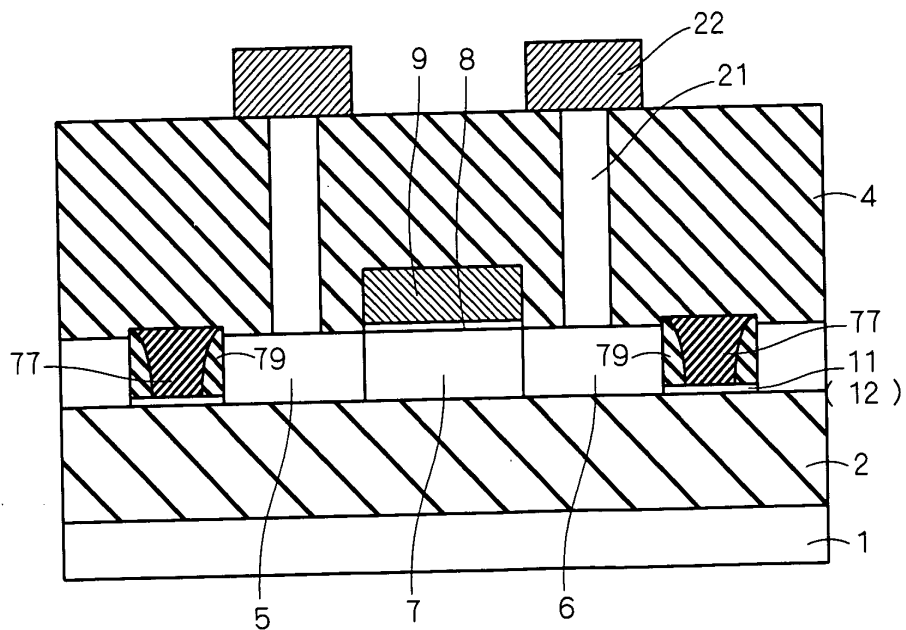
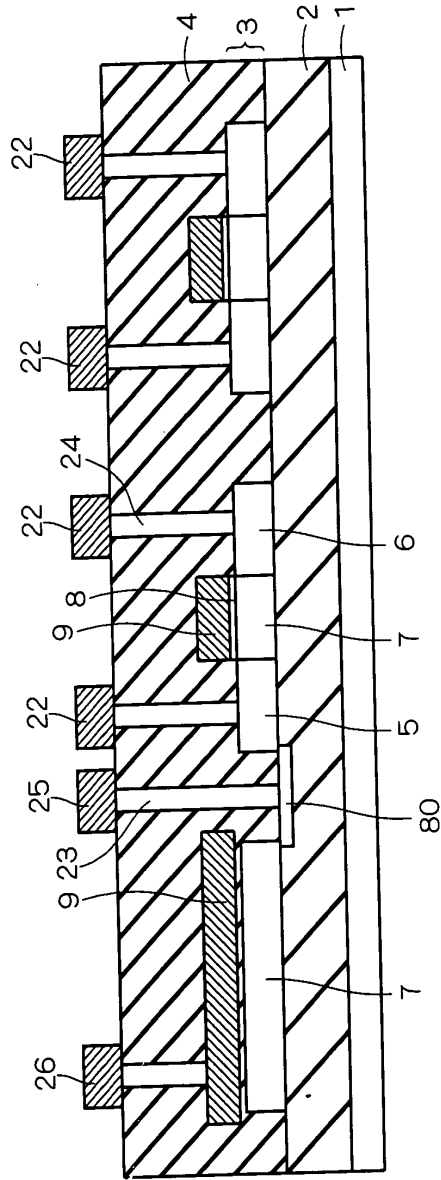


FIG. 40



6602221-1E693460

FIG. 41



650224-1E699160

FIG. 42

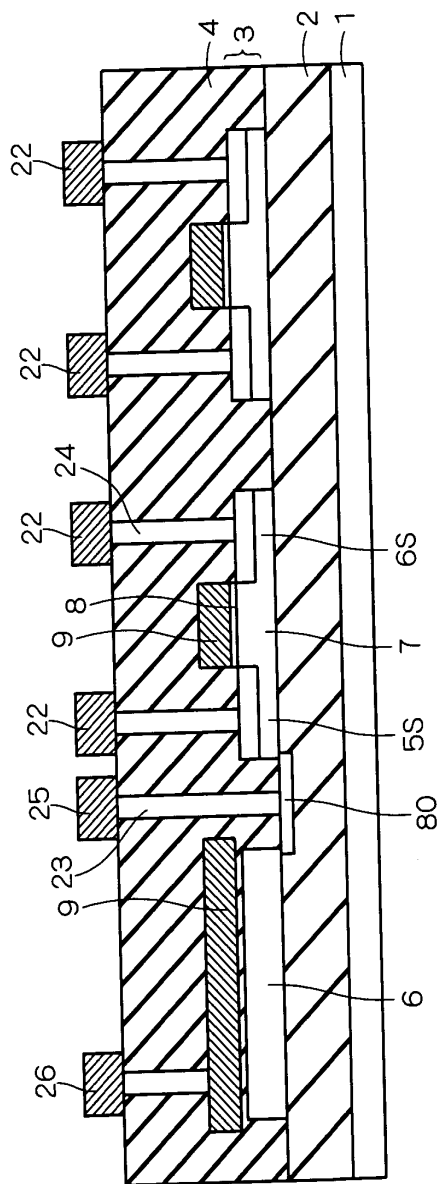


FIG. 43

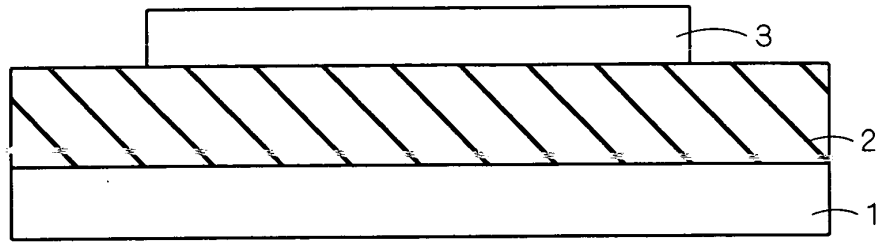


FIG. 44

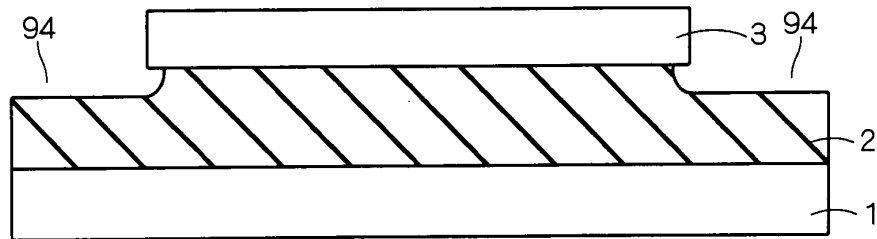


FIG. 45

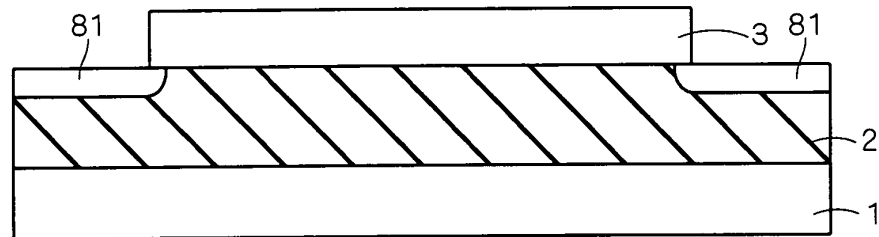
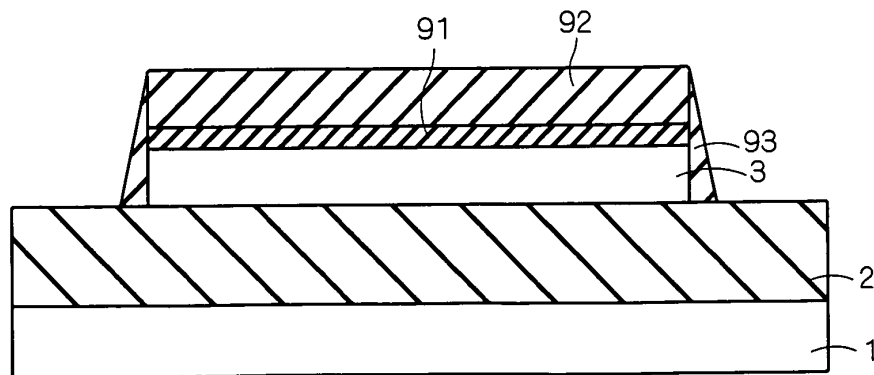


FIG. 46



650221-4E69460

FIG. 47

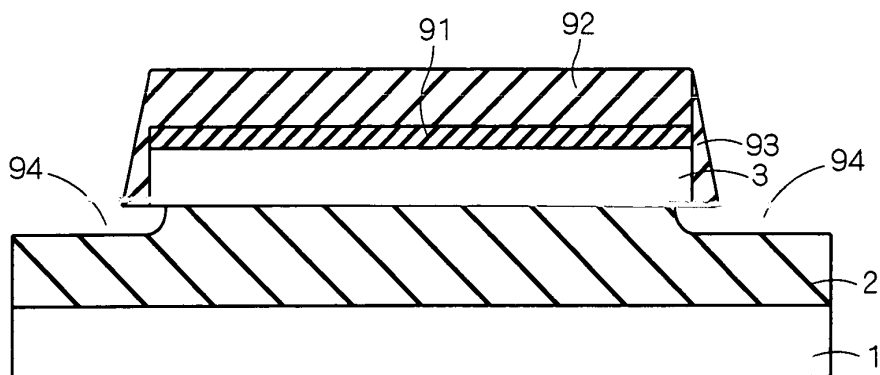


FIG. 48

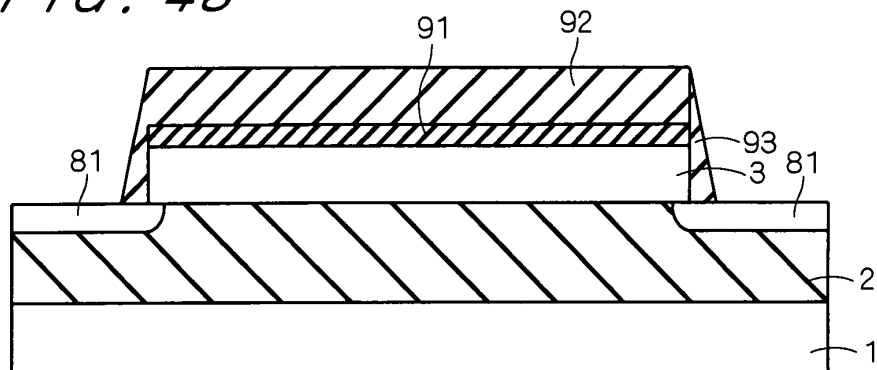
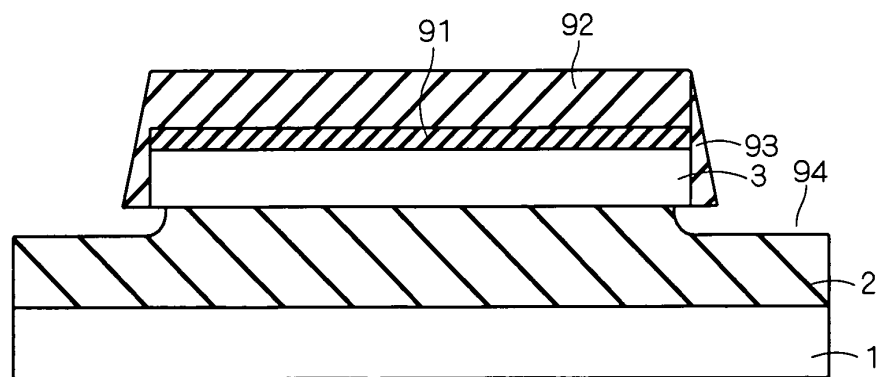


FIG. 49



660221-42693460

FIG. 50

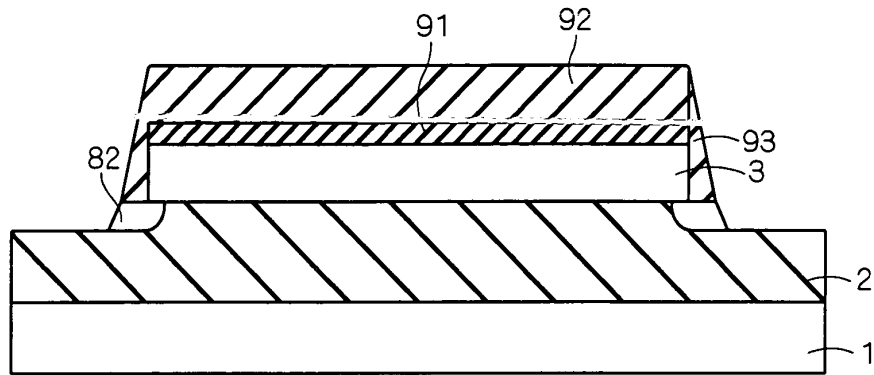
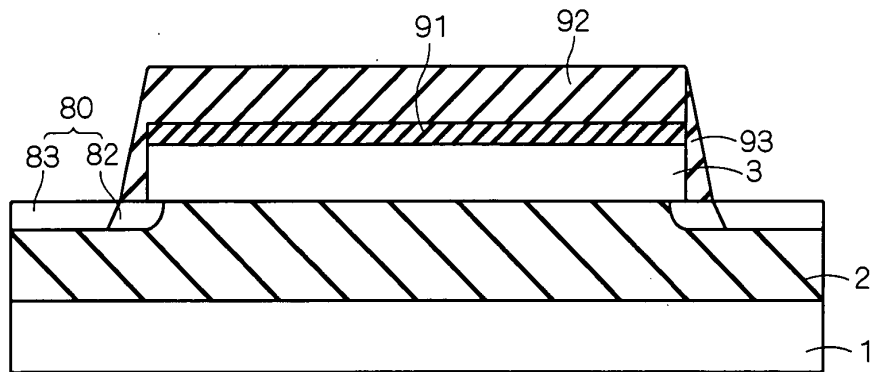


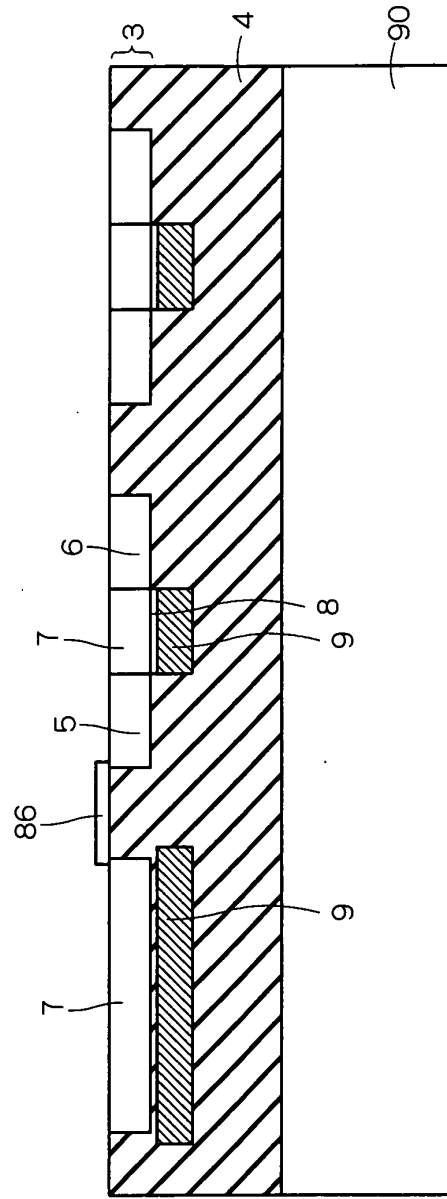
FIG. 51



094694-12009 660221-4E699460

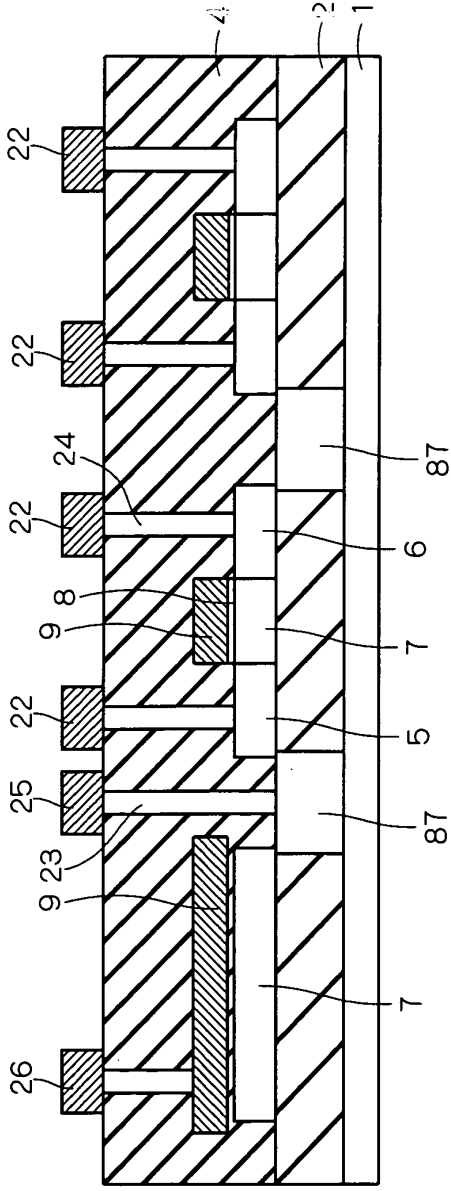
660227-12699460

FIG. 52



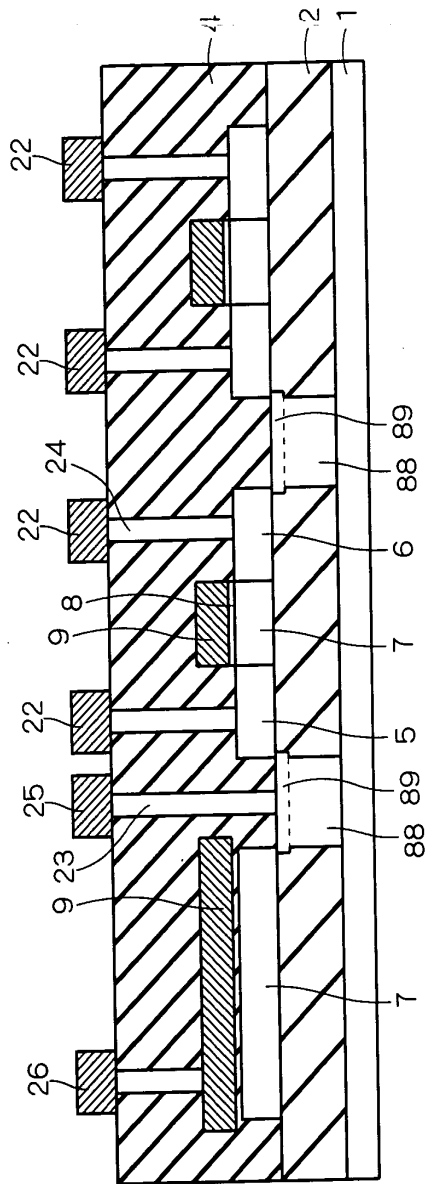
660227-1E639450

FIG. 53



660221-12633460

FIG. 54



[illegible]

FIG. 55

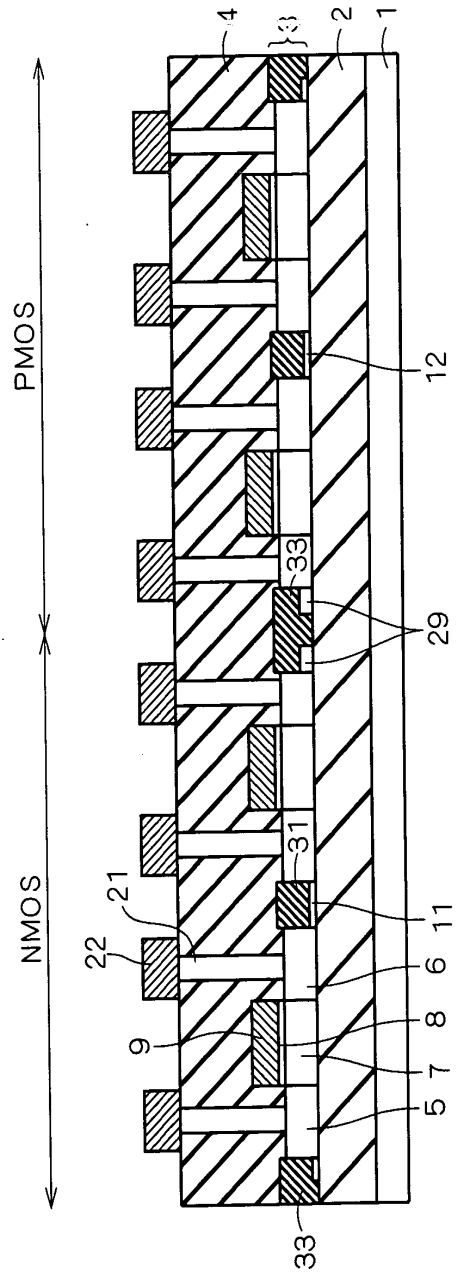


FIG. 56

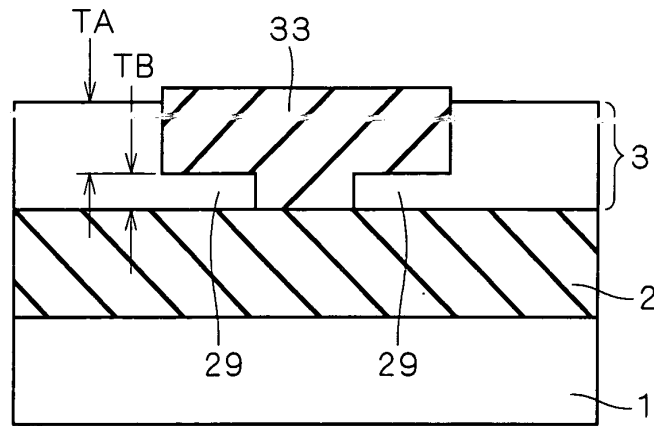


FIG. 57

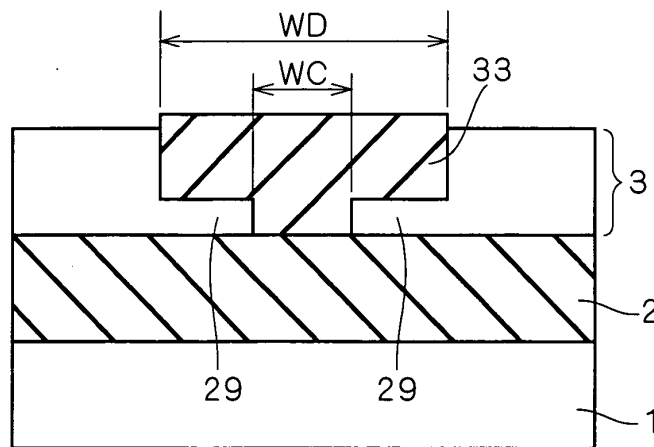


FIG. 58

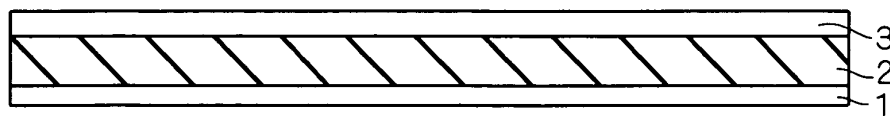


FIG. 59

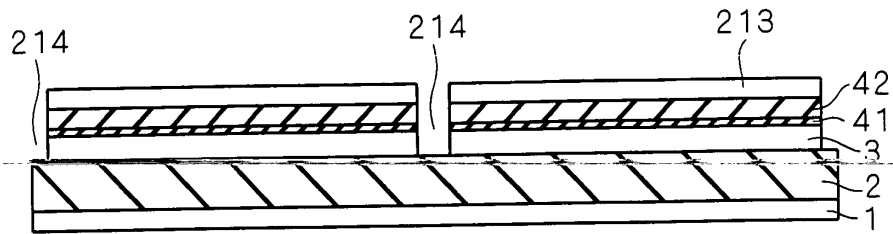


FIG. 60

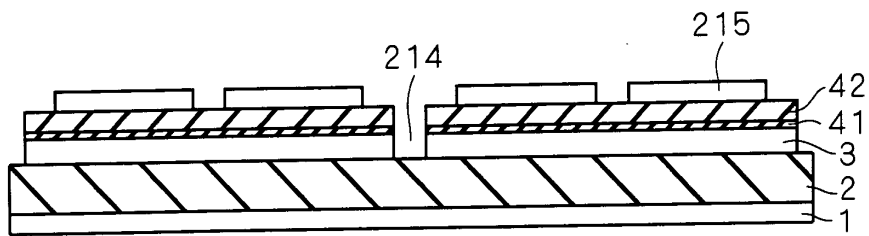


FIG. 61

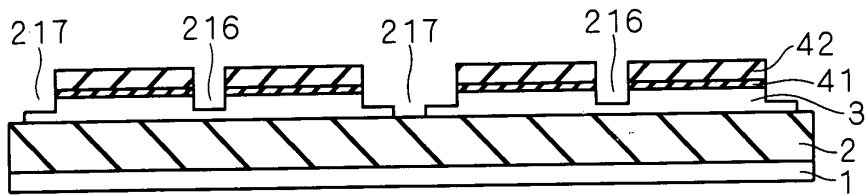
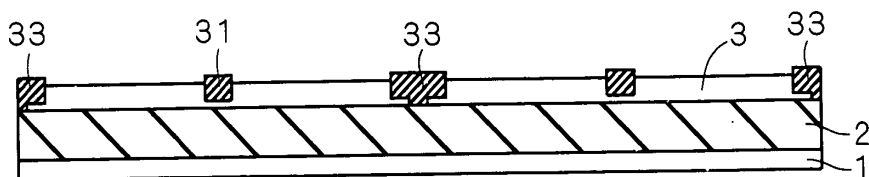


FIG. 62



660227-11693450

FIG. 63

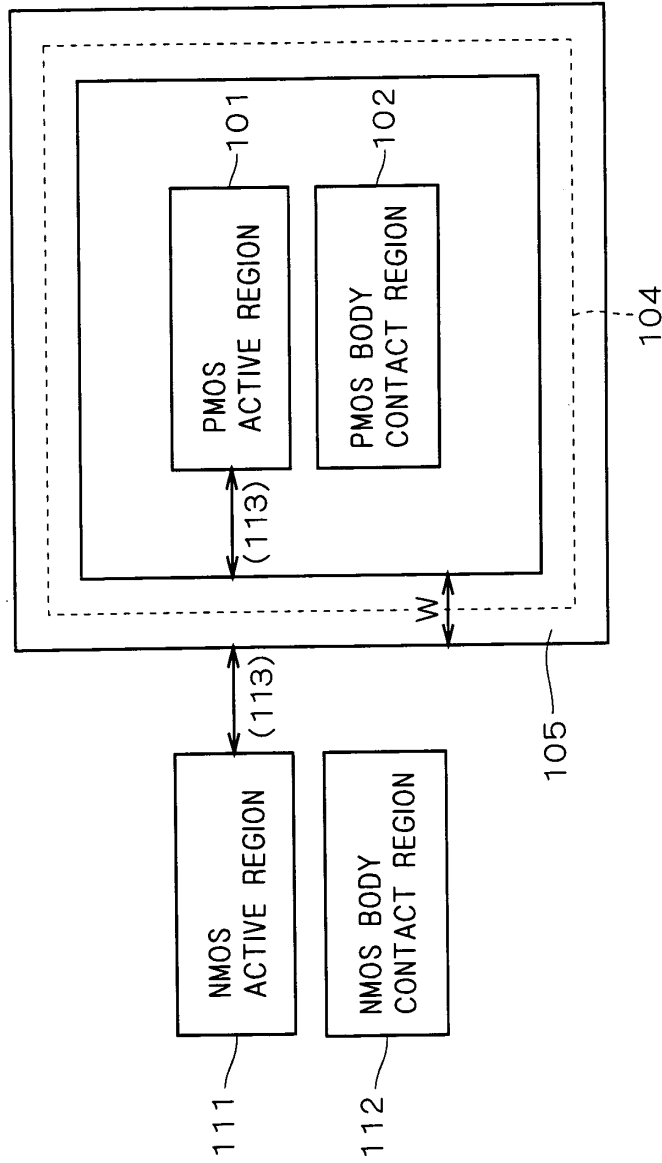


FIG. 64

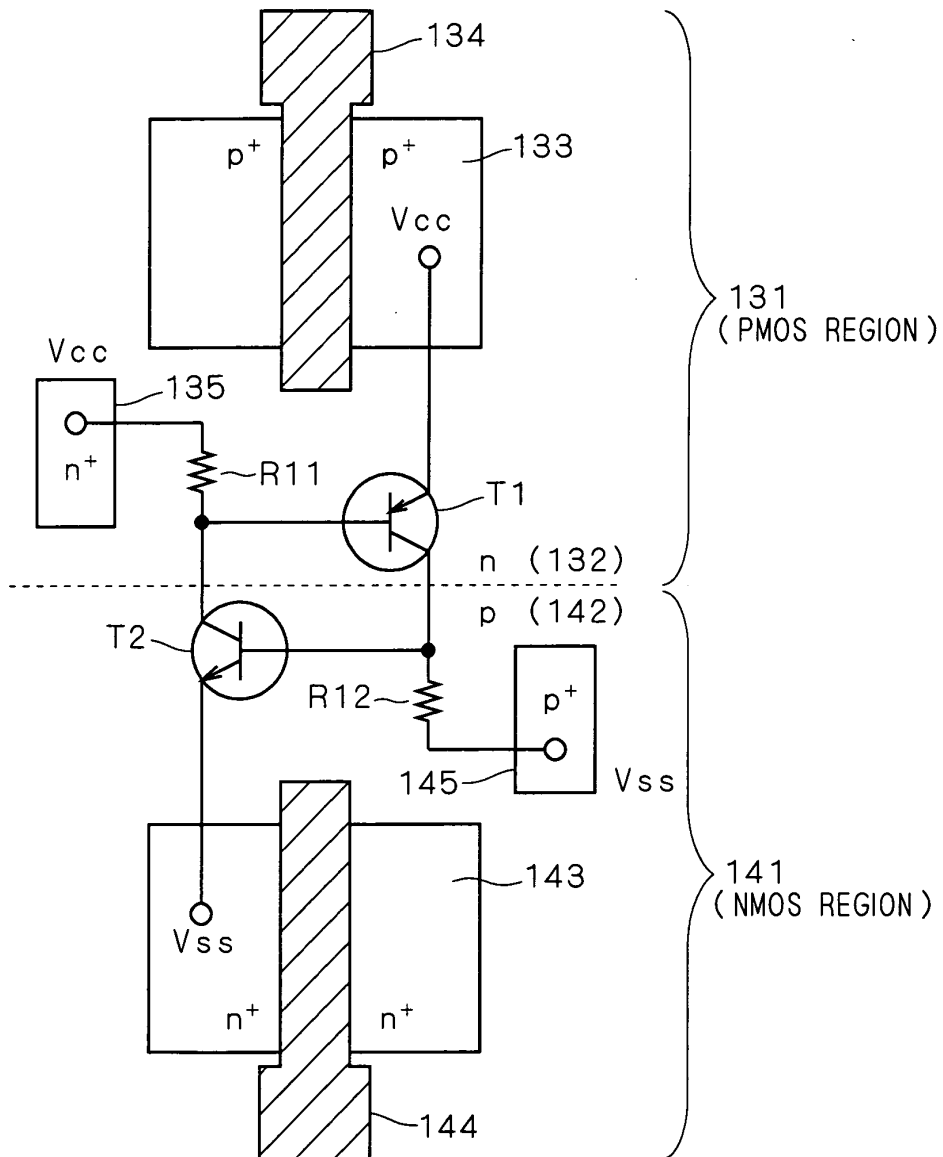


FIG. 65

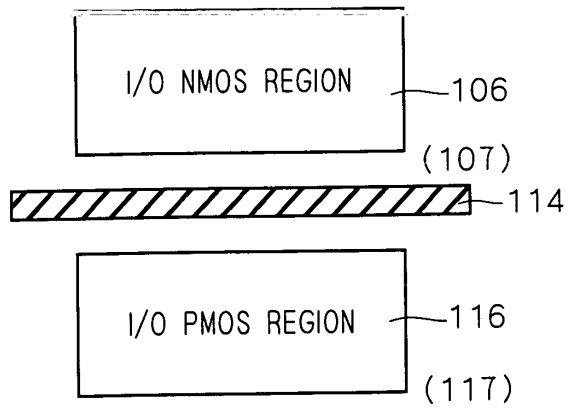


FIG. 66

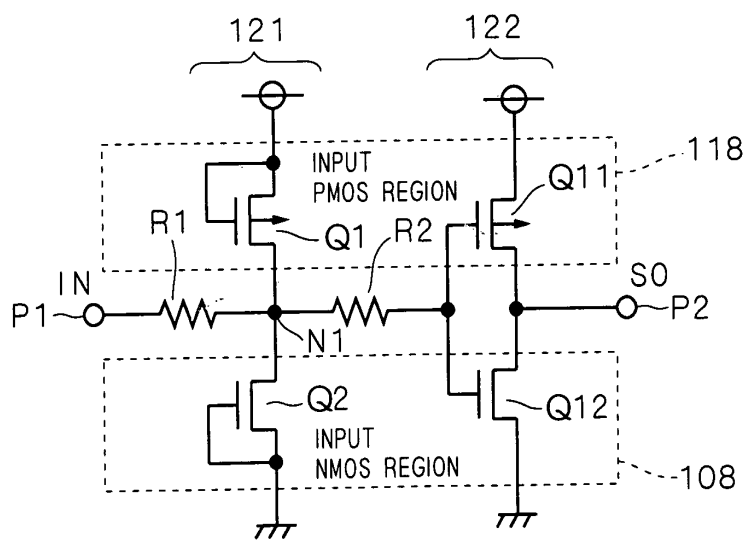


FIG. 67

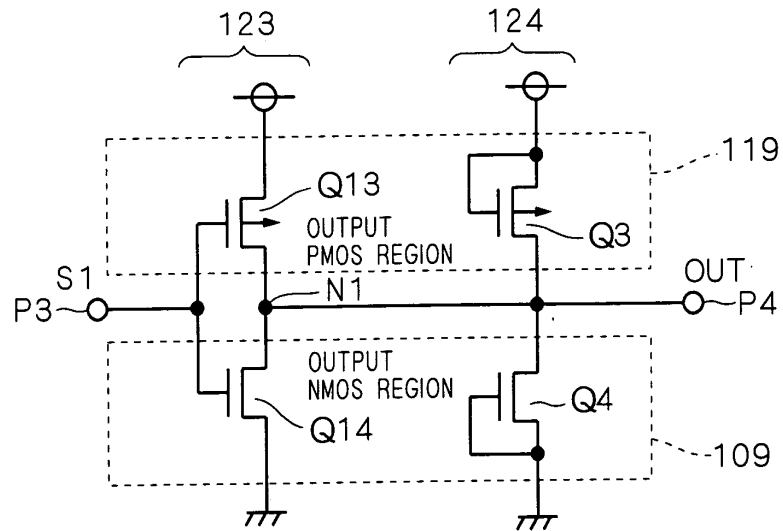


FIG. 68

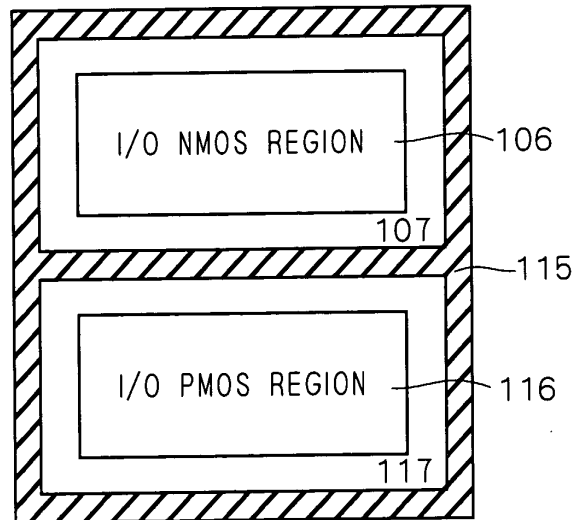


FIG. 69

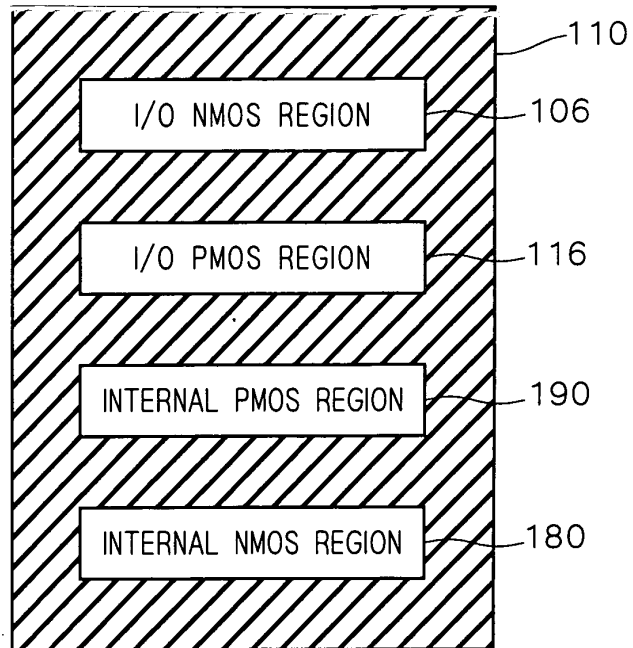


FIG. 70

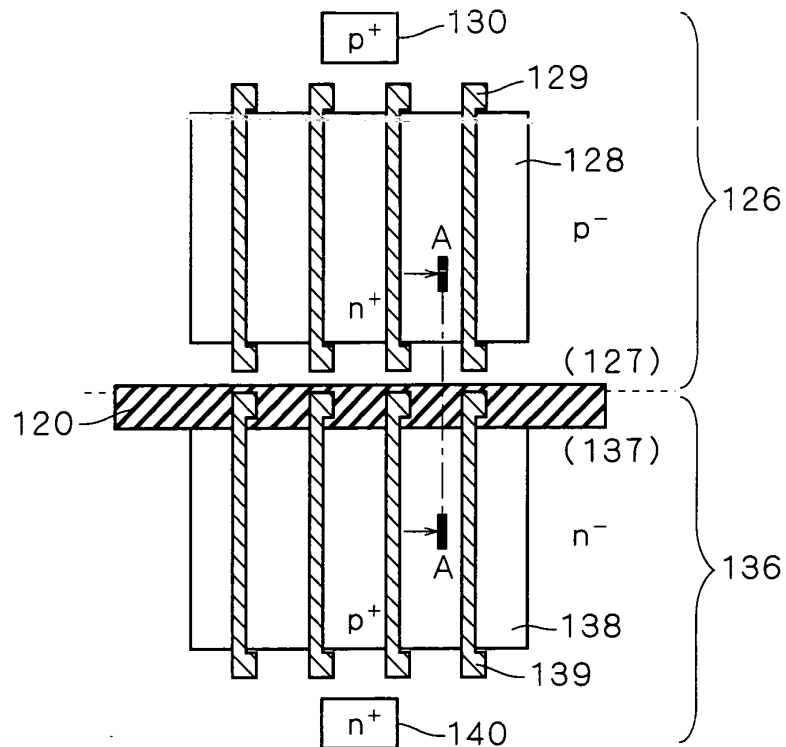


FIG. 71

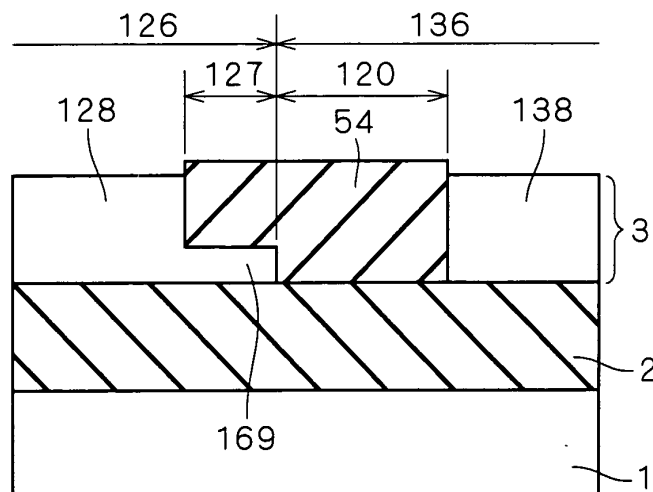


FIG. 72

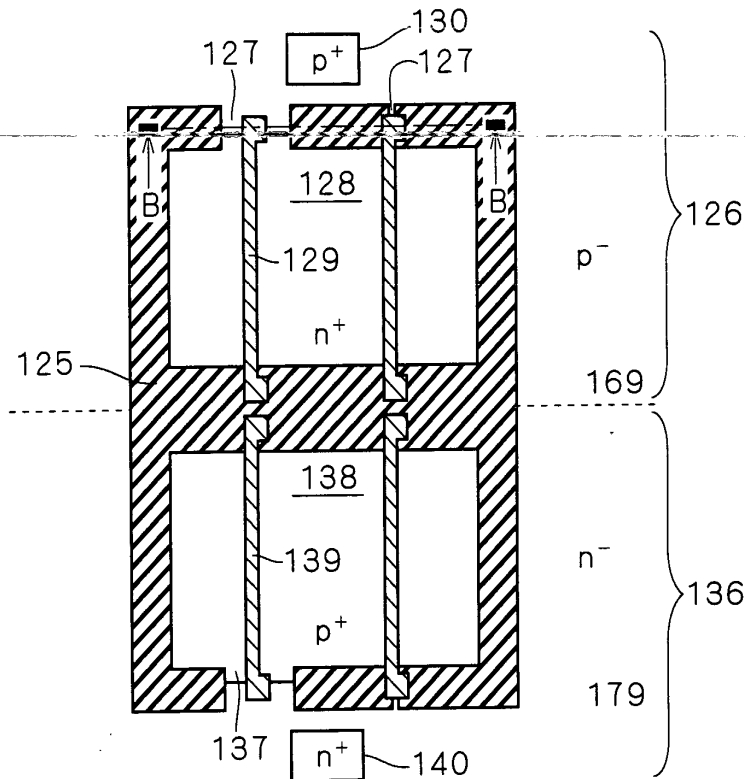


FIG. 73

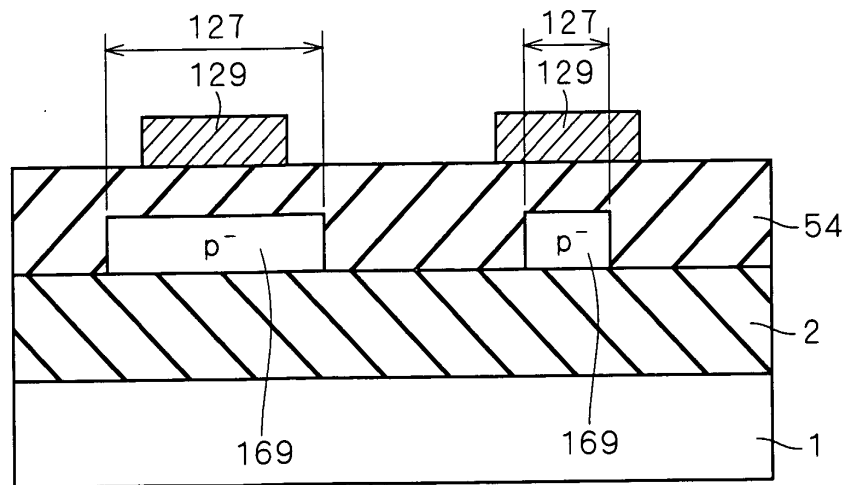
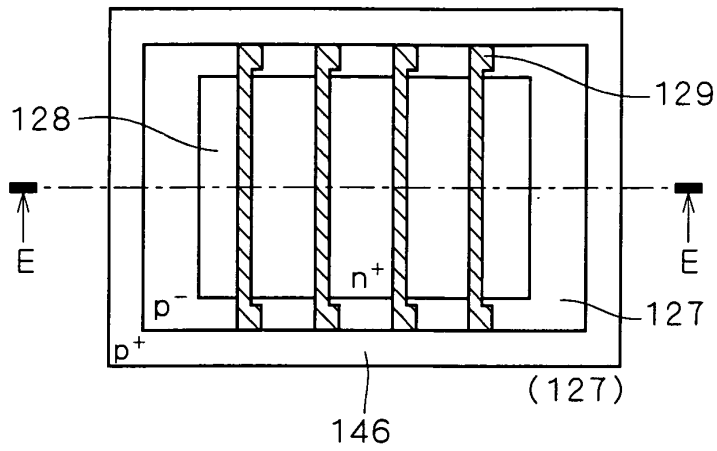


FIG. 74



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FIG.  
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FIG. 75

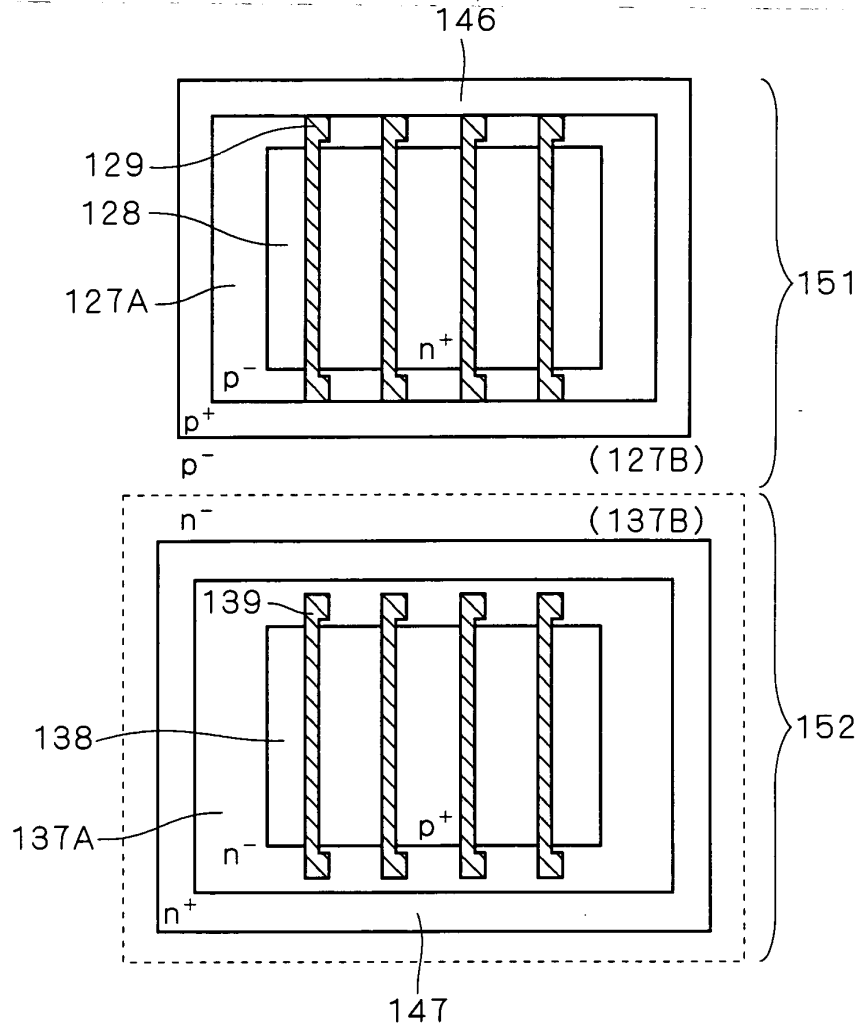


FIG. 76

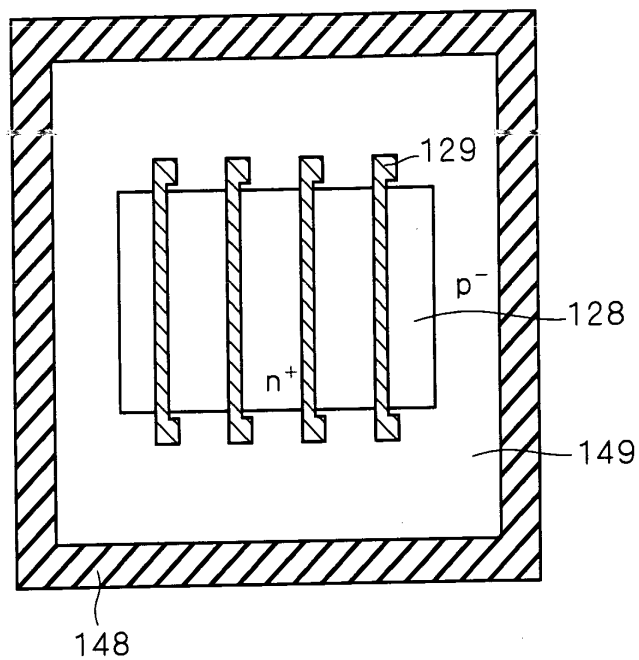


FIG. 77

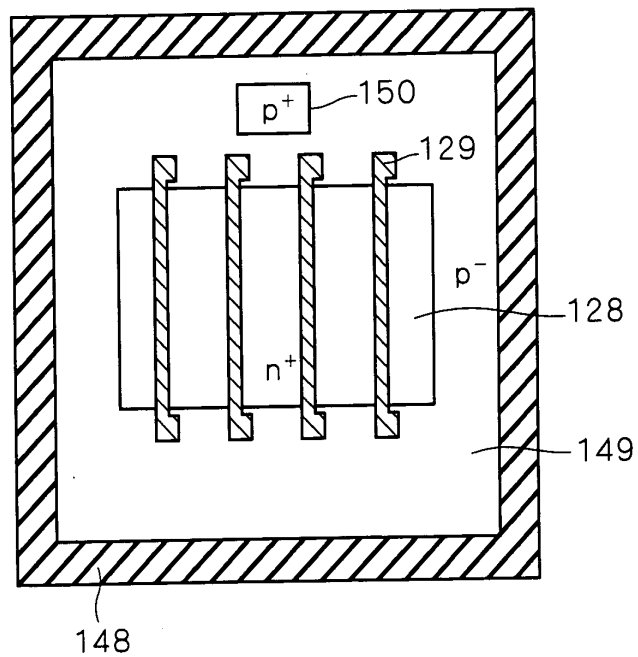


FIG. 78

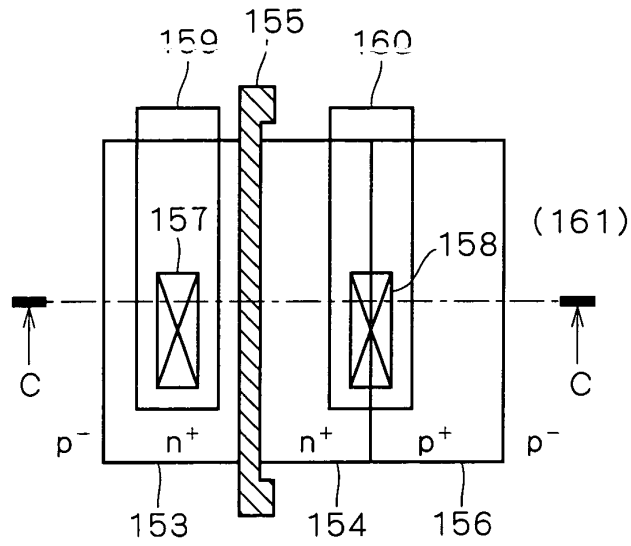


FIG. 79

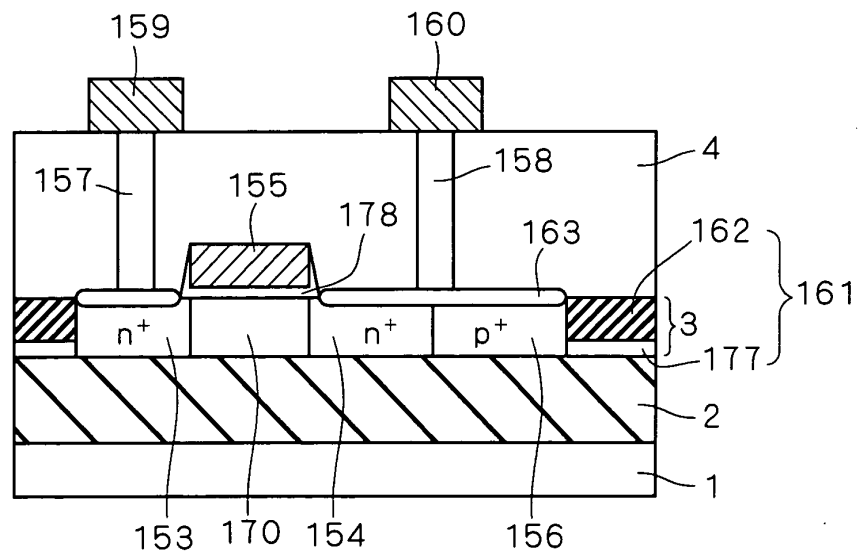


FIG. 80

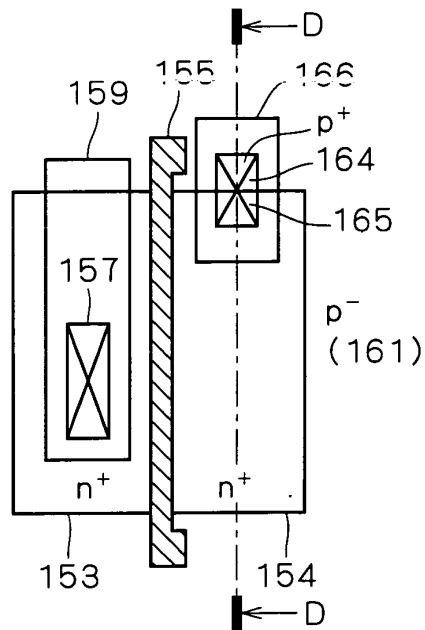


FIG. 81

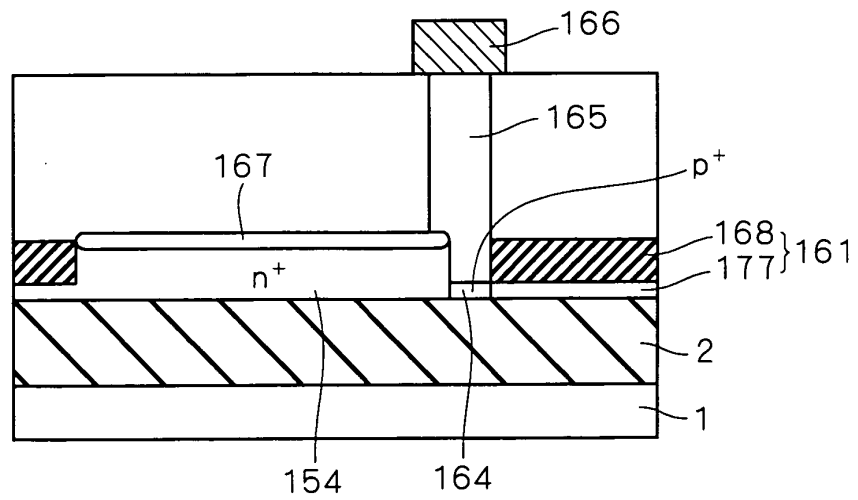


FIG. 82

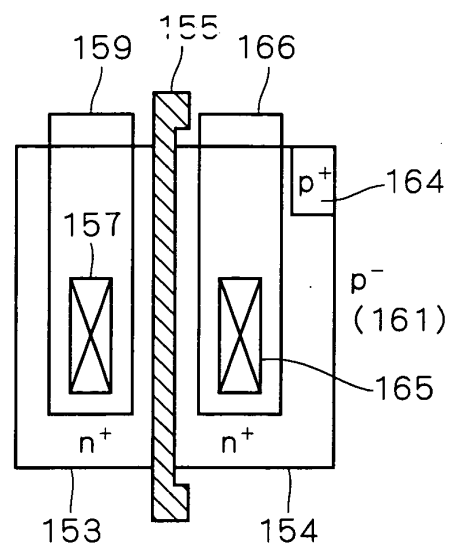


FIG. 83

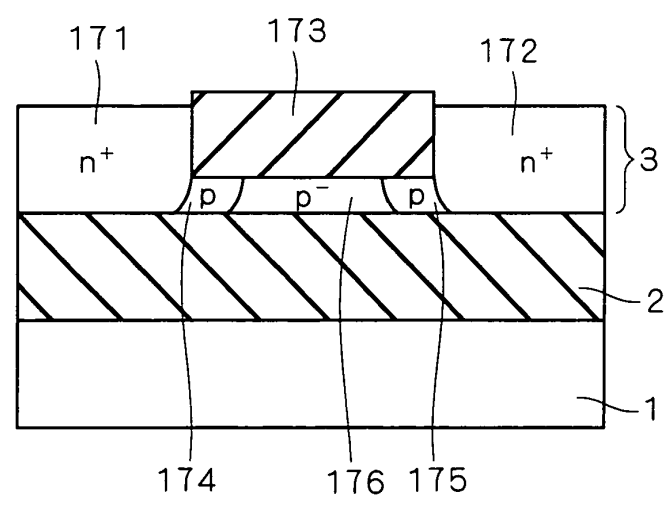


FIG. 84

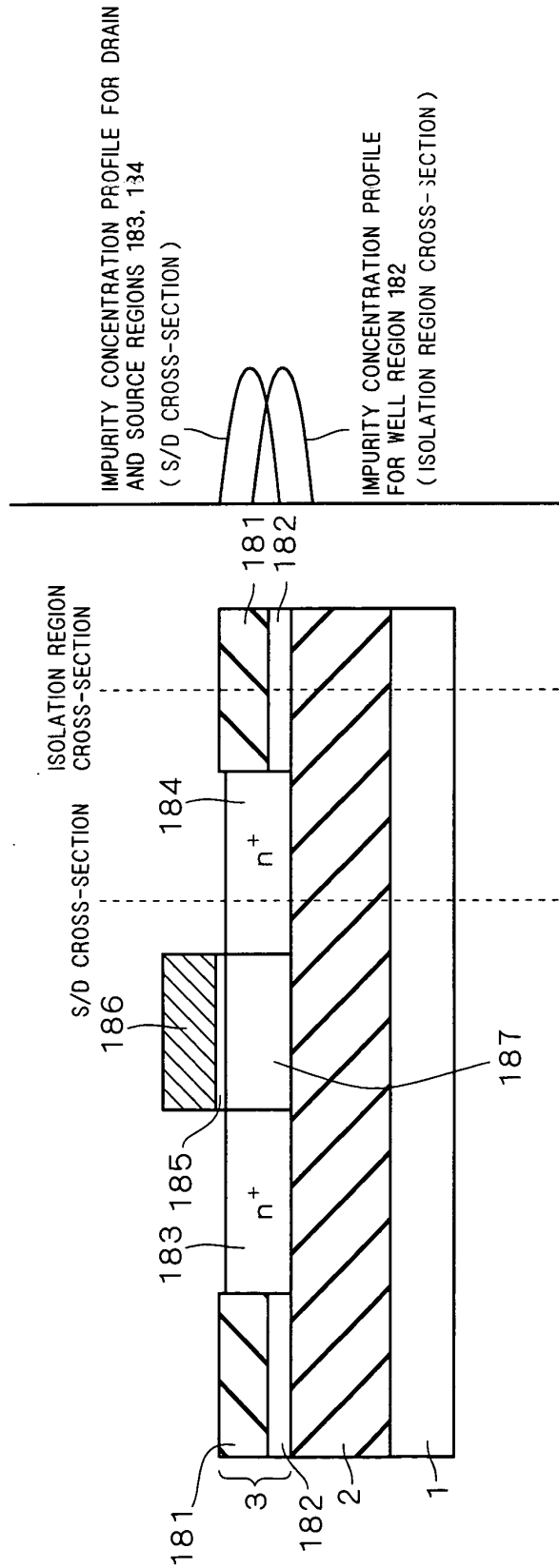


FIG. 85

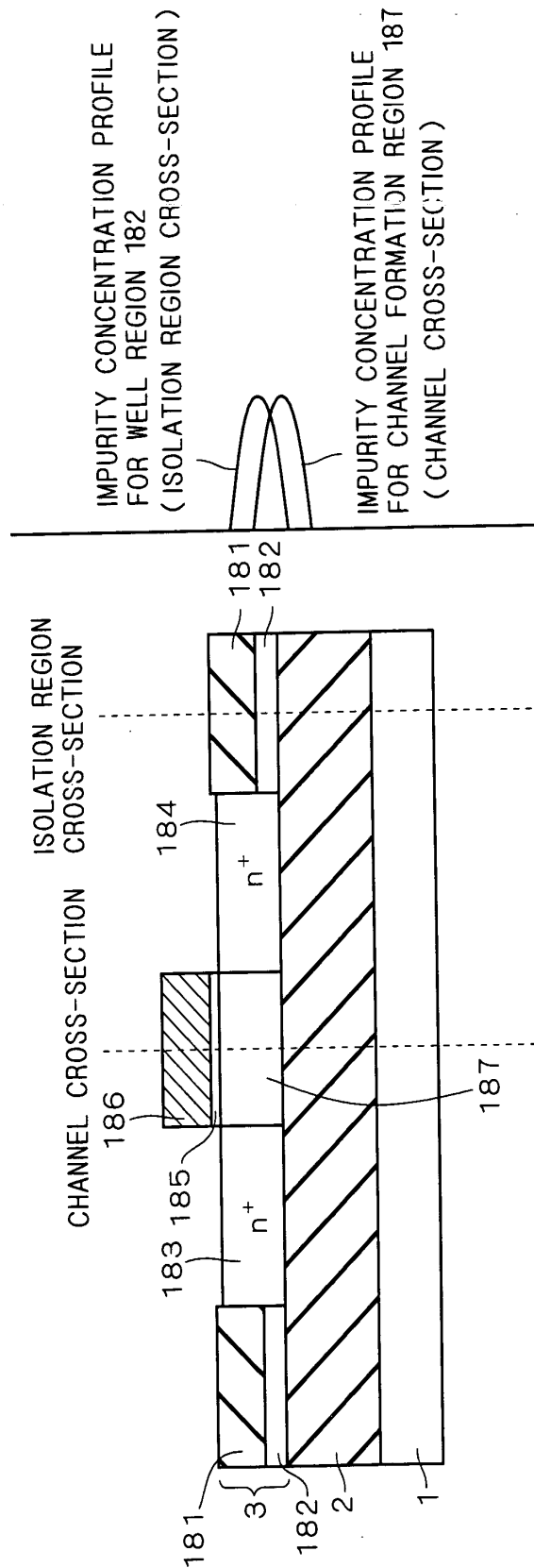


FIG. 86

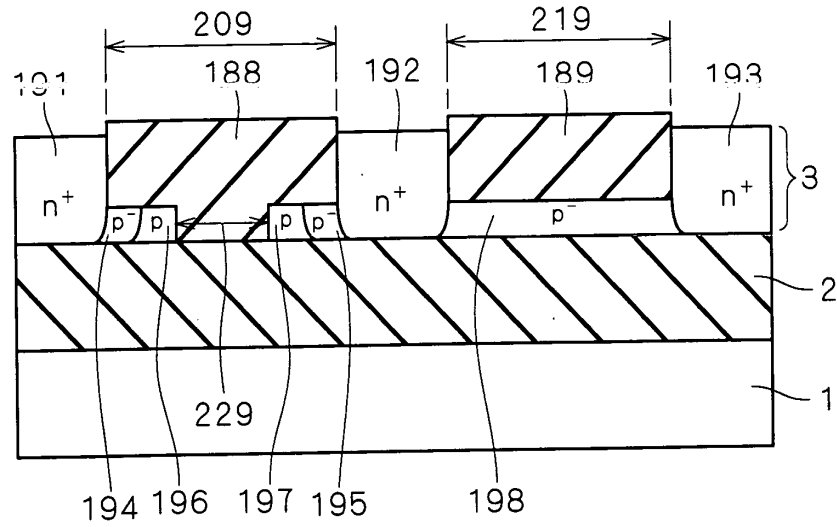


FIG. 87

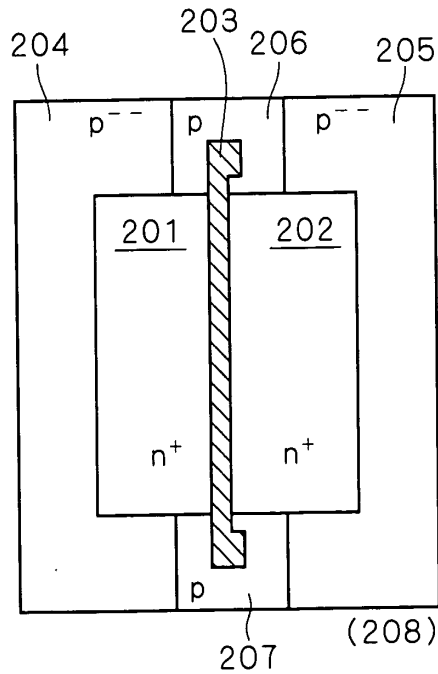


FIG. 88

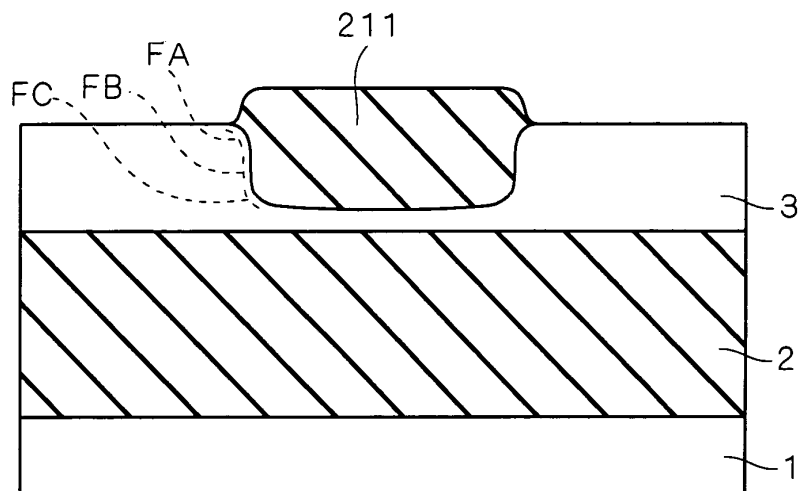
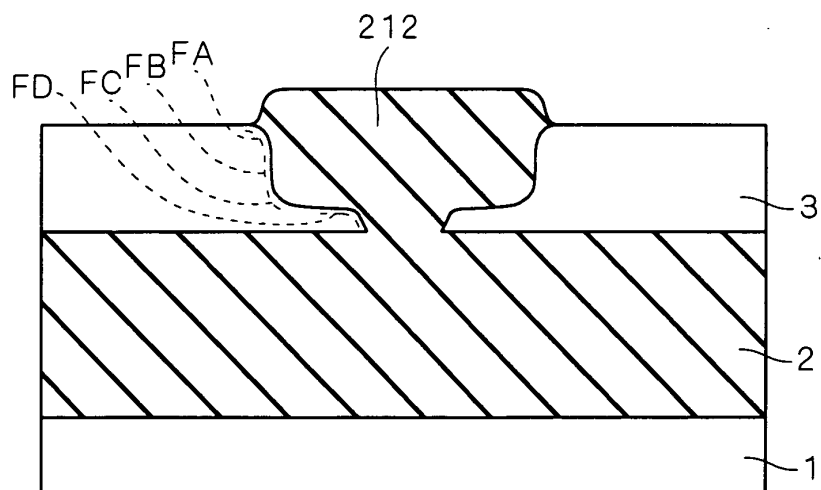


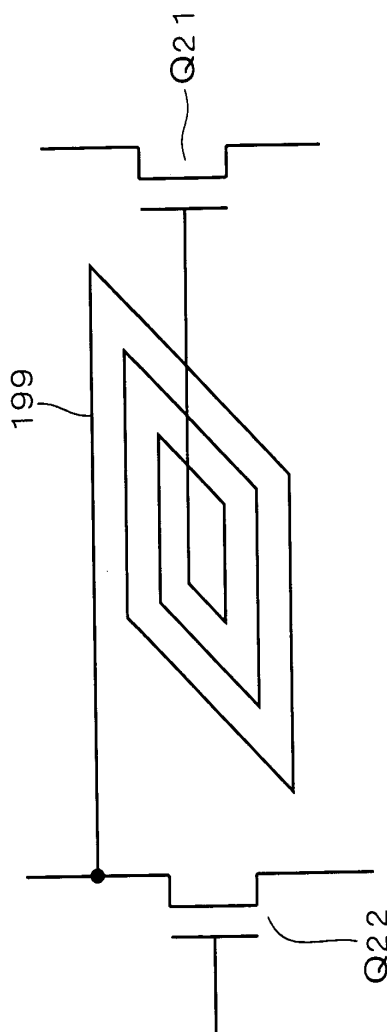
FIG. 89

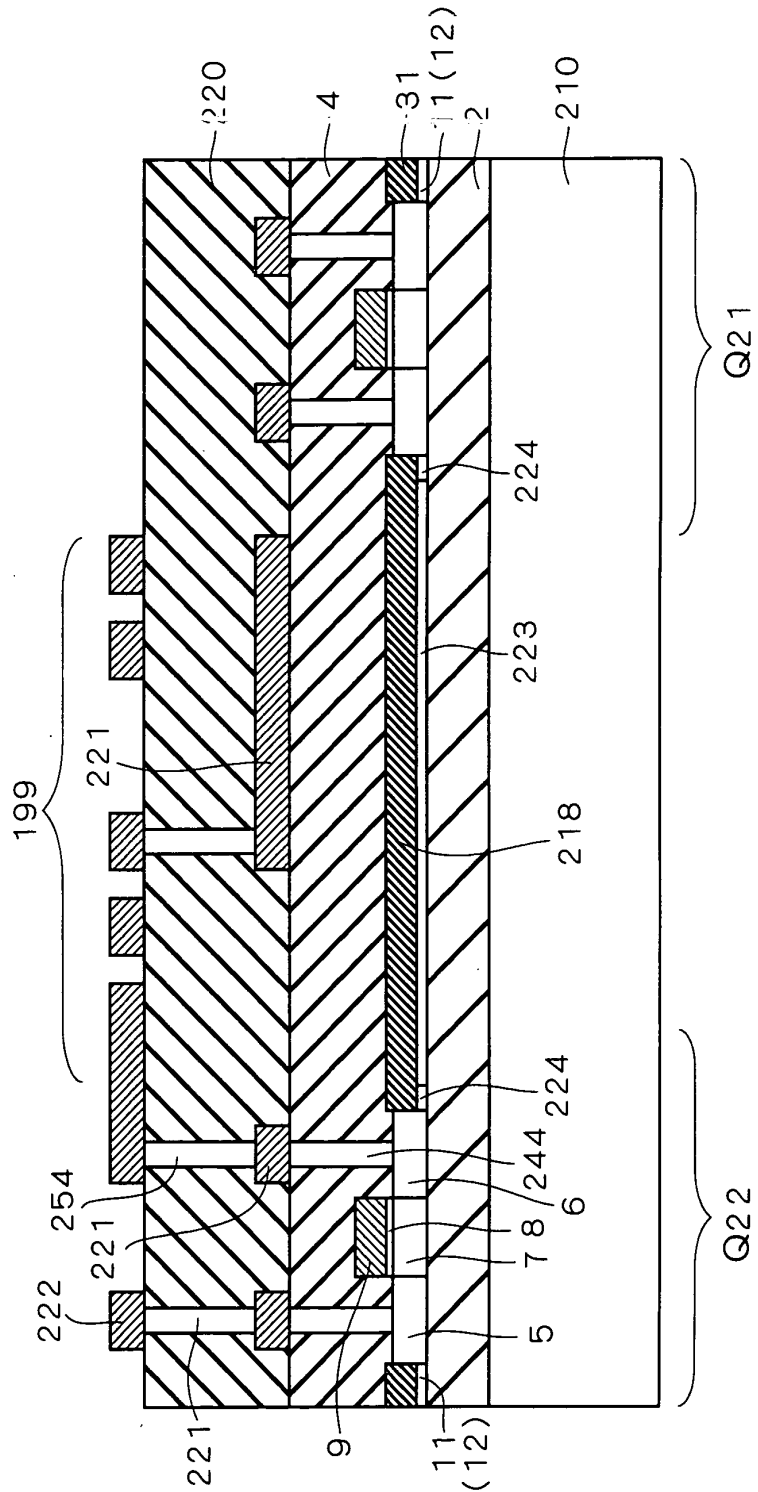




662227469469

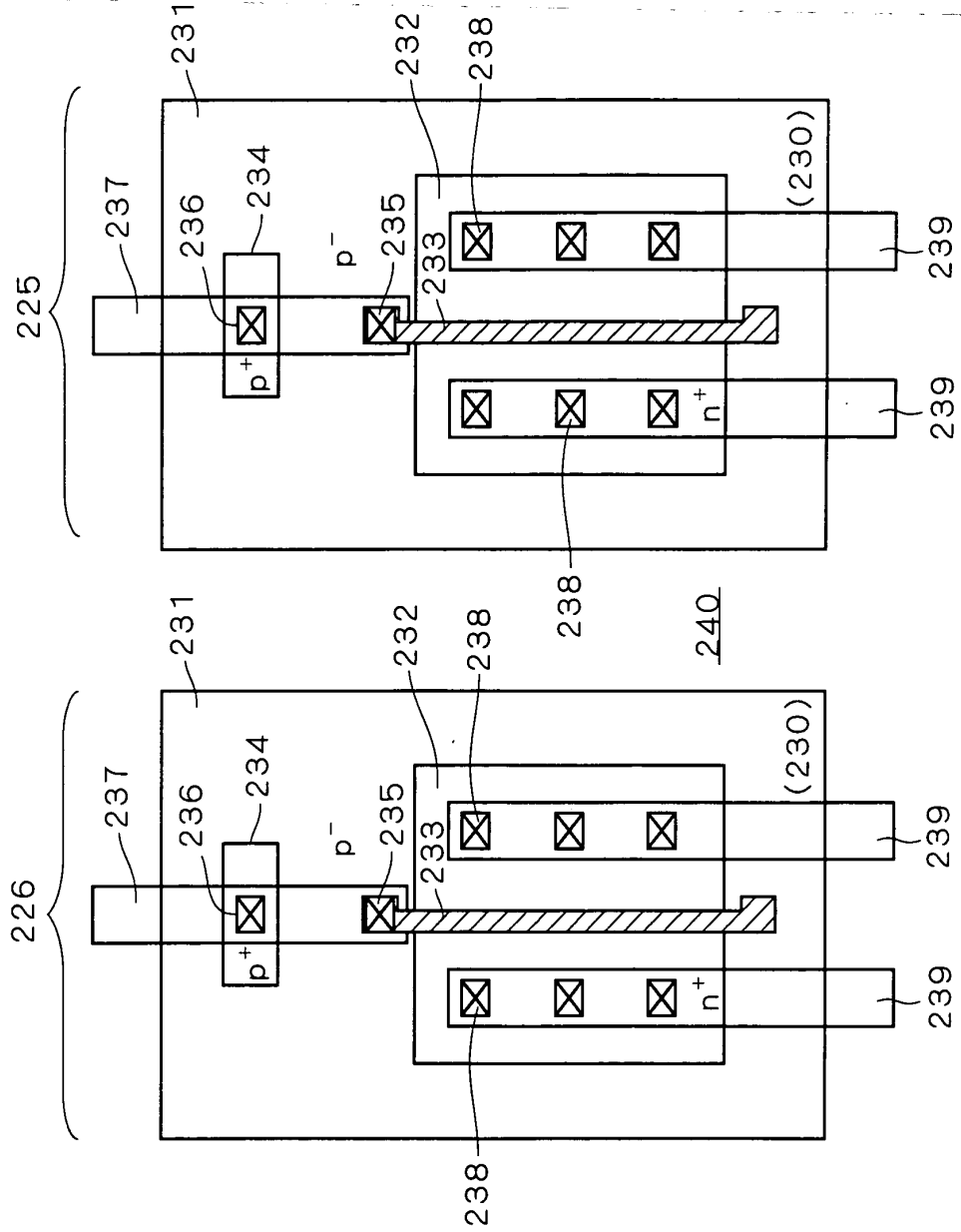
FIG. 91



[illegible]

Sheet Head

FIG. 93



000227 4269460

FIG. 94

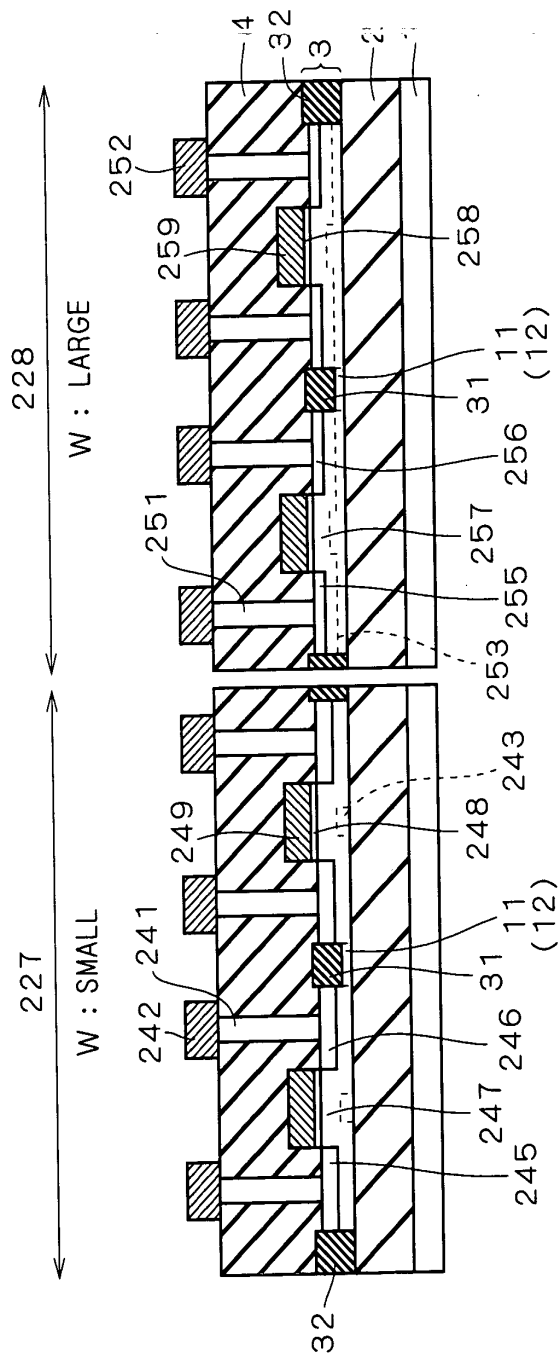


FIG. 95

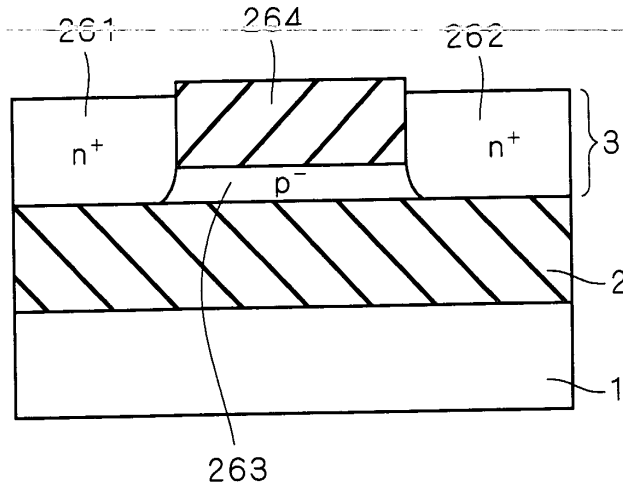


FIG. 96

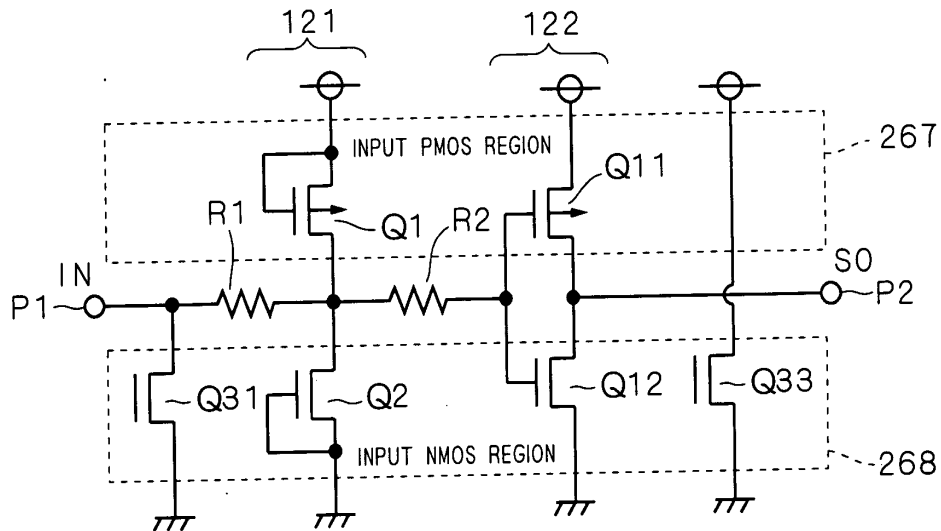


FIG. 97

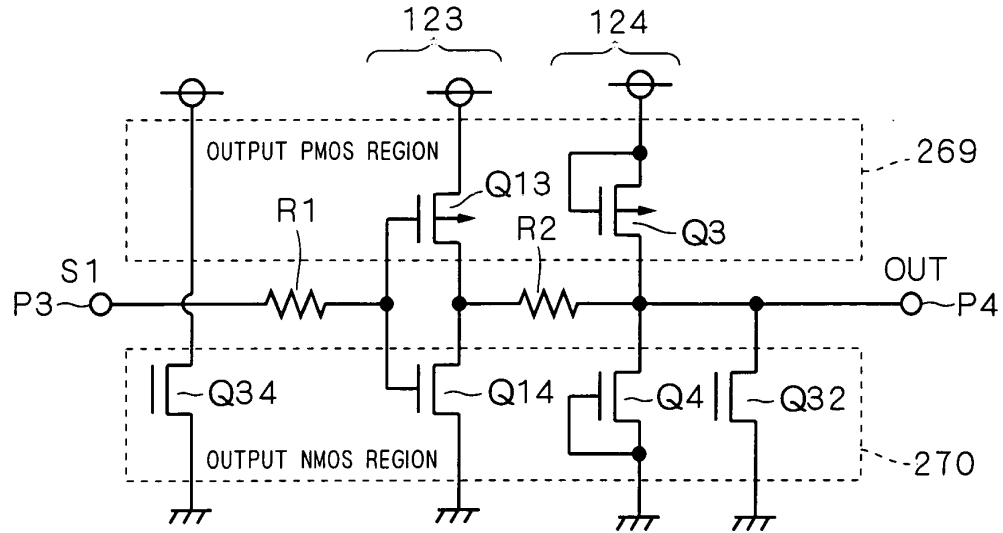


FIG. 98

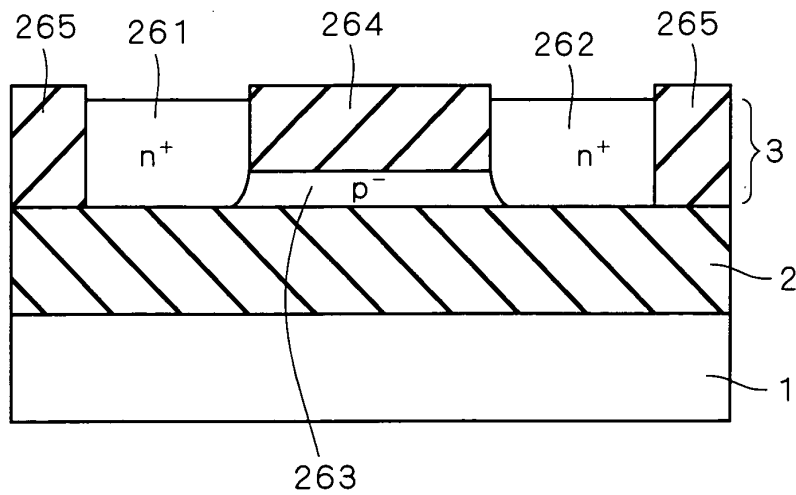


FIG. 99

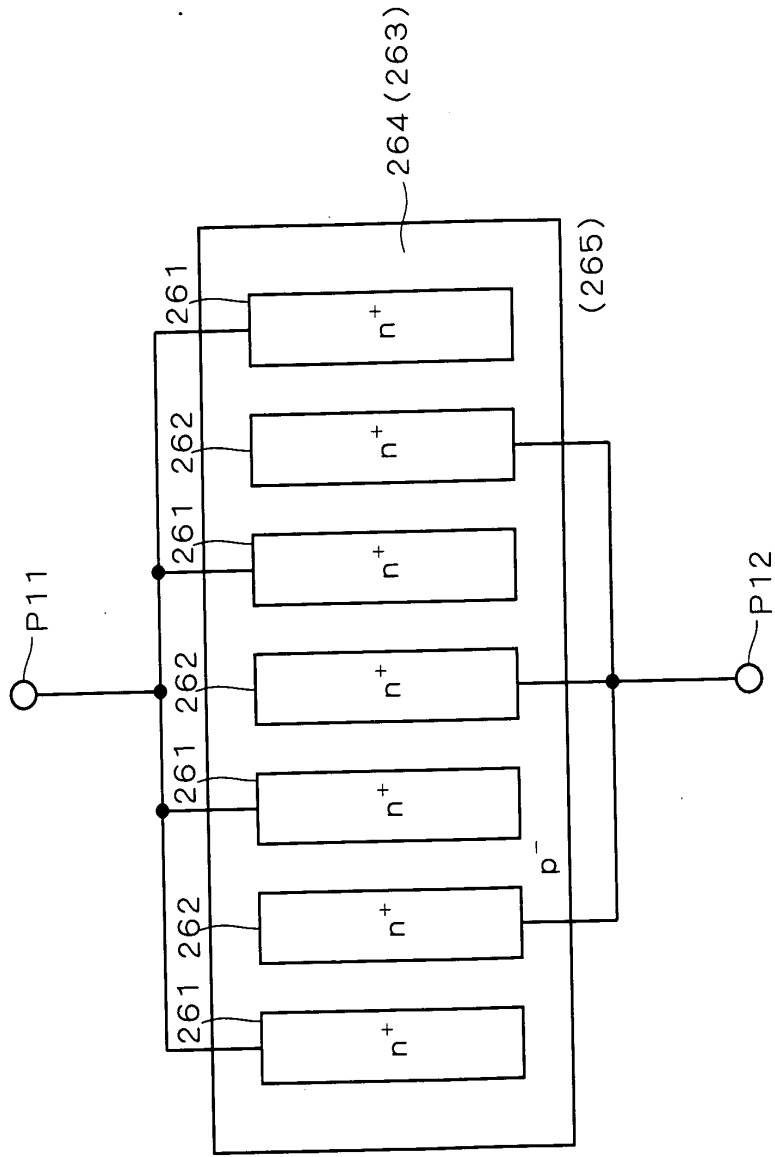


FIG. 100

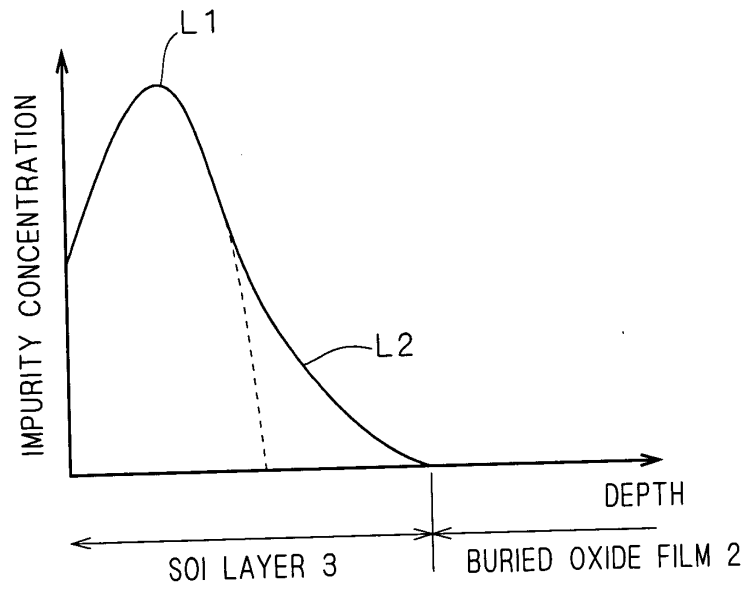
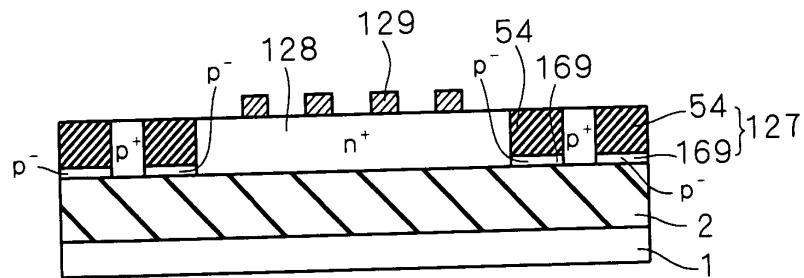


FIG. 101



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FIG. 102

